



CHEST - MEASURE YOUR CHEST AROUND THE FULLEST PART OF YOUR BUST AND ACROSS SHOULDER BLADES.

WAIST - MEASURE ABOVE BELLY BUTTON, ON YOUR NATURAL WAISTLINE.

HIP - STAND WITH FEET TOGETHER. MEASURE FULLEST PART OF BUTTOCKS. KEEP MEASURING TAPE STRAIGHT AND TAUT (JUST FIRM, NOT TOO TIGHT)

WOMENS & GIRLS SIZING CHART- BODY MEASUREMENTS

SIZES	CHEST		WAIST		HIP	
	CM	INCHES	CM	INCHES	CM	INCHES
5XS/G6	61-65	24-25.5	46-50	18-19.5	63-67	25-26.5
4XS/G8	66-70	26-27.5	51-55	20-21.5	68-72	27-28.5
3XS/G10	71-75	28-29.5	56-60	22-23.5	73-77	29-30.5
2XS/G12	76-80	30-31.5	61-65	24-25.5	78-82	31-32.5
XS/G14	81-85	32-33.5	66-70	26-27.5	83-87	33-34.5
S/10/G16	86-90	34-35.5	71-75	28-29.5	88-92	35-36.5
M/12	91-95	36-37.5	76-80	30-31.5	93-97	37-38.5
L/14	96-100	38-39.5	81-85	32-33.5	98-102	39-40.5
XL/16	101-105	40-41.5	86-90	34-35.5	103-107	41-42.5
2XL/18	106-110	42-43.5	91-95	36-37.5	108-112	43-44.5
3XL/20	111-115	44-45.5	96-100	38-39.5	113-118	45-46.5
4XL/22	116-120	46-47.5	101-105	40-41.5	119-124	47-48.5
5XL/24	121-125	48-49.5	106-110	42-43.5	125-130	49-50.5

