



2011-2012 TRIATHLON ACT ATHLETE QUESTIONNAIRE

Full Name: Ayla Rudgley

Nick Name: Rudgo, Rudget

Club: Performance Triathlon Coaching & Performance Squad

STATS

Home town: Central Coast

Place of Residence: Canberra

Occupation: Student & athlete

Date of Birth: 9/5/1995

Height: 163cm

Weight: 52kg

School: Daramalan College

CAREER

Current Coach: Corey Bacon

Institute/Academy: _____

Triathlon Career Highlights:

11th Triathlon Schools Nationals 2011

1st 14-15 years Elite Energy series 2010-2011

3rd Gunnedah Pro Tour Time Trials 2011

Australian Sprint Distance champion 14-15 years 2011

3rd Australian National Triathlon Championship series Olympic Distance

3rd ACT All Stars 2010

LIKES

Interests: Triathlon, cooking, spending time with friends, going to the beach

Favourite Food: all Italian food

Favourite Book: Dear John

Favourite Movie: The Blind Side

Favourite Sporting Team: Central Coast Mariners

What would you do if you won \$10 million dollars? Travel around the world, pay my parents back & move to the coast right on the beach ☺