



BRAYDEN CLEWS-PROCTOR

Full Name: Brayden Clews-Proctor

Nick Name: Braydo

Clubs: Tridents Triathlon Club, Weston Creek Athletics Club, Canberra Cycling Club, Tuggeranong Vikings Swim Club, TRI Running Group

STATS

Home town: Canberra

Place of Birth: Richmond Virginia USA

Occupation: Student/Athlete

Date of Birth: 27/2/1995

Height 184 cm

Weight: 70kg

School: Stromlo High School

Sponsors: Bike Shed, XTERRA Wetsuits, ACT Podiatry, Triathlon Tribe SiS

CAREER

Current Coaches: David Murphy (Swimming) Jono O'Grady (Swim Technique) my dad (Running and Cycling)

Institute/Academy: ACT Triathlon Performance Squad

Triathlon Career Highlights:

- 2011 National Schools Triathlon Championships 15-16 Years age group 1st (Gold)
- 2011 National Schools Triathlon Championships 15-16 Years age group 3rd (Bronze) Relay
- 2011 National Sprint Distance 14-15 Years age group 1st (Gold)
- 2010 National Schools Triathlon Championships 15-16 Years age group 3rd (Bronze)
- 2009 National Schools Triathlon Championships 13-14 Years age group 3rd (Bronze)
- 2007 NSW Junior Triathlon Championships 11-12 Years age group 1st (Gold)
-

LIKES

Interests: American Football, Athletics, Cycling, Triathlon, Movies, Girlfriend

Favourite Food: Pizza

Favourite Book: Slaying the Dragon by Michael Johnson

Favourite Movie: Ali

Favourite Sporting Team: New York Jets