



## 2022-2023 TRIATHLON QUEENSLAND STATE SERIES

### ABOUT:

The 2022-23 State Series incorporates a series of the most challenging and diverse events across Queensland, which have been handpicked for your best season to date.

Covering all multisport disciplines – long distance, standard and sprint triathlon, aqua bike, aquathlon, and cross triathlon, it is the ultimate challenge for the multisport athlete and a true testament of all-round performance, versatility, and endurance across the season.

### RACE CALENDAR:

<b>Event Type</b>	<b>State Championship</b>			
<b>Duathlon</b>	<b>Wellcamp Duathlon 30th July 2022</b>			
<b>Off Road</b>	<b>TreX Cross Tri 22nd April 2023</b>			
<b>Aquathlon</b>	<b>QLD Aquathlon 22nd October 2022</b>			
<b>Aqua Bike</b>	<b>Coral Coast Triathlon 31st July 2022 (Regional)</b>			
<b>Sprint Distance</b>	<b>QTS Round 6 5th February 2023</b>	Bribie Island Tri Series 16th October 2022	Riverway Triathlon 5th November 2022	Branyan Clinic Sprint Triathlon (Bargara) 30th April 2023
<b>Standard Distance</b>	<b>QTS Round 5 8th January 2023</b>	Yeppoon Tri Festival 21st August 2022	Mackay Tri Festival 16th April 2023	
<b>Long Course</b>	<b>HOTW 26th March 2023</b>	HB100 6th November 2022		

\*Please note subject to change\*

### STATE SERIES ELIGIBILITY & HOW IT WORKS:

Race in each State Series event and compete for points throughout the 2022-23 season. Points are awarded to Triathlon Queensland members who finish in the top ten for each age category (male and female.) Build up your points throughout the season for your chance to take out the coveted State Series Awards which are presented as part of the Champions of Queensland Awards.



To be included in the State Series, you must be a financial, Premium or Standard member of Triathlon Australia and Triathlon Queensland. All active Triathlon Queensland members participating in the State Series events are automatically eligible for State Series points. There is no registration/enrolment required. It is the athlete's responsibility to register for each event with the same name and TA Number, as per the Triathlon Australia membership database.

Triathlon New South Wales members, who are members of Tweed Coast Multisport (DGC), Ballina Triathlon Club or Tweed Valley Triathletes are also eligible.

To be eligible for the State Series Age Group Champion (and major Awards) athletes must compete in at least three (3) out of the thirteen (13) Series Races.

Final point allocation is based on an athlete's top six (6) results from the Series.

In the event of a tie, a count back will occur based on accrual of points for the entire Series results.

If an event offers an open/elite category, an athlete **aged 22 and under on 31 December 2022** can compete in an open/elite category and still be eligible to earn points in the State Series based on their time. The athlete's time in the open/elite category will be compared to the times in the relevant State Series race category and the athlete's place determined. These athletes will not be eligible for the State Championship in their age category.

If an athlete is aged 23 or over (on 31 December 2022), their results in the open/elite category will not be transferred to their age group, and therefore ineligible for points in the State Series.

Please use the State Series categories as a guide for which race categories to enter at each race. If you enter in the incorrect race, your result can not be transferred across.

#### STATE SERIES POINT SYSTEM:

Series Race	Top 10 ranked Triathlon Queensland members awarded points 1-10
Championship Race	Top 10 ranked Triathlon Queensland members awarded 2 points – 2-20

#### Queensland Championship Races

Place	Points
1 <sup>st</sup>	20
2 <sup>nd</sup>	18
3 <sup>rd</sup>	16
4 <sup>th</sup>	14
5 <sup>th</sup>	12
6 <sup>th</sup>	10
7 <sup>th</sup>	8
8 <sup>th</sup>	6
9 <sup>th</sup>	4
10 <sup>th</sup>	2

#### State Series Races

Place	Points
1 <sup>st</sup>	10
2 <sup>nd</sup>	9
3 <sup>rd</sup>	8
4 <sup>th</sup>	7
5 <sup>th</sup>	6
6 <sup>th</sup>	5
7 <sup>th</sup>	4
8 <sup>th</sup>	3
9 <sup>th</sup>	2
10 <sup>th</sup>	1



## STATE SERIES AWARDS:

### *State Series Age Group Champion*

This title is awarded to the male and female who accrue the highest points in their top six races in each Age Group Category. Only the leader in each Age Group category will be awarded a State Series trophy at the Champions of Queensland Awards.

### *State Series Age Group Triathlete of the Year (Male & Female) (South Queensland & North Queensland)*

This title is awarded to the male and female athletes who accrue the highest points in their top six races in the State Series. Hint: State Championship race points are critical to take out this gong! Only the leader in this category will be awarded a State Series trophy at the Champions of Queensland Awards.

### *State Series U/16 Triathlete of the Year (Male & Female) (South Queensland & North Queensland)*

This title is awarded to the male and female athletes aged under 16 who accrue the highest points in their top six races in the State Series. Hint: State Championship race points are critical to take out this gong! Only the leader in this category will be awarded a State Series trophy at the Champions of Queensland Awards

### *State Series Champion*

This title is awarded to the male or female who accrues the most points in their top six in the State Series. Hint: State Championship race points are critical to take out this gong! Only the leader in this category will be awarded a State Series trophy at the Champions of Queensland Awards

## QUEENSLAND CHAMPIONSHIP AWARDS:

### *Queensland Champion (7-13 years)*

Gold, silver & bronze medals are awarded at each event. If you are absent from presentations, you may collect your medal from the Triathlon Queensland office or request for it to be mailed (at your expense).

Queensland Champion Triathlon  
Queensland Champion Cross Triathlon  
Queensland Champion Duathlon  
Queensland Champion Aquathlon

### *Queensland Champion (14-17 years)*

Gold, silver & bronze medals are awarded at each event. If you are absent from presentations, you may collect your medal from the Triathlon Queensland office or request for it to be mailed (at your expense).

Queensland Champion Sprint Triathlon  
Queensland Champion Cross Triathlon  
Queensland Champion Sprint Duathlon  
Queensland Champion Aquathlon



### *Queensland Champion (18+ years & AWD)*

Gold, silver & bronze medals are awarded at each event. If you are absent from presentations, you may collect your medal from the Triathlon Queensland office or request for it to be mailed (at your expense).

Queensland Champion Standard Triathlon  
Queensland Champion Sprint Triathlon  
Queensland Champion Long Course Triathlon  
Queensland Champion Cross Triathlon  
Queensland Champion Sprint Duathlon  
Queensland Champion Aqua Bike  
Queensland Champion Aquathlon

### FAQs

#### *Why were these races selected?*

These races were selected to ensure a diverse number of options were made available for every discipline of triathlon, allowing athletes who compete across different disciplines to be rewarded for their results. Triathlon Queensland (TQ) has identified events that are safe and have a strong reputation in the triathlon community. The 2022-23 State Series works to overcome geographic barriers for athletes, through incorporating events in the Series from North Queensland, West Queensland and SEQ Queensland.

#### *How do I determine my age category?*

These age groups are determined by date of birth as of 31 December 2022.

#### *Is it a requirement to compete in six (6) races to be eligible to win the State Series Age Group Champion Award?*

No, an athlete's seven (7) best results will be counted. The athlete with the highest overall point score, based on their best seven (7) results in each category, will be awarded the title. E.g. If you compete in four (4) races, all four (4) of your results will be counted to determine your final score. If you compete in eight (8) races, your seven (7) best results will be counted to determine your final score.

#### *Do I need to let TQ know which races I am competing in?*

No, Triathlon Queensland will be working with the race directors to ensure all Triathlon Queensland members, Tweed Coast Multisport (DGC), Ballina Tri Club members and Tweed Valley Triathletes' results are sent to Triathlon Queensland for point allocation.

#### *How long after a race will the point score come out?*

The race directors have a one-week time frame to send all results to the Triathlon Queensland office. The Triathlon Queensland office will then aim to have the point score up two weeks after the race. If there is a delay, this is usually a result of issues with the timing system, or the Race Director is busy on-site packing up from the event.

#### *If there is an issue with my result or placing, who do I contact?*

All timing issues must go to the race organiser immediately after the event, within 30 minutes of the



final race. Once the race results have been received by Triathlon Queensland, the places will stand. If you find an error in the leader board, please contact [development@qld.com.au](mailto:development@qld.com.au)

*If there is an issue with my point allocation on the TQ State Series website, who do I contact?*

If you have any issues with the State Series Leader Board, please contact Triathlon Queensland on [development@qld.com.au](mailto:development@qld.com.au)

*What happens if an event is cancelled?*

If an event is cancelled and not able to be rescheduled, no points will be awarded to any athlete for the race.

*Is there a series registration?*

No, to enter the series you just need to register through the event's website and be an active Triathlon Queensland member. Make sure you register in the correct race category so you can earn points. More information on which Race Category to register for is included in the State Series Rules and the State Series Race pages.

*How do I know which race category to compete in?*

This can be found in the Race Categories section of the 2022-23 State Series Rules on the Series Races pages

*How do I register for an event?*

State Series Races are run by external Event Directors, who have their own registration systems. You must register via the Event's website. Links can be found under the State Series Races pages. Any queries regarding event registration should be directed to each Event Director.

*If I do not race the required distance, can I still earn points?*

No, the distances are set for the max distances for each age group. You need to compete at this distance to earn points.

If you have any further questions, please contact the Triathlon Queensland office on (07) 3369 9600.

*Will I receive medals at each event?*

Triathlon Queensland presents Queensland Championship medals (gold, silver, bronze) at Championship events only. It is at the discretion of each Event Director whether they present medals in the non-championship categories.

*What does the asterisk mean on my results?*

One asterisk indicates membership and State Series eligibility.

*Am I eligible if I am the only person in my age category on the Leader Board?*

Yes, if you enter a minimum of three (3) events.

*What do I do if I forgot to add my club to my event registration?*

You should contact the event organiser and request your club to be added to your registration details. Some registration systems will also allow you to log in and change your personal details yourself.

## EVENTS



# 30 JUL 22 WELLCAMP AIRPORT DUATHLON QUEENSLAND DUATHLON CHAMPIONSHIPS

Age	Event
7-9	Kids Duathlon
10-11	Kids Duathlon
12-13	Enticer Duathlon
14-15	Sprint Duathlon
16-17	Sprint Duathlon
18-19	Standard Duathlon
20-24	Standard Duathlon
25-29	Standard Duathlon
30-34	Standard Duathlon
35-39	Standard Duathlon
40-44	Standard Duathlon
45-49	Standard Duathlon
50-54	Standard Duathlon
55-59	Standard Duathlon
60-64	Standard Duathlon
65-69	Standard Duathlon
70-74	Standard Duathlon
75-79	Standard Duathlon
80-84	Standard Duathlon
85+	Standard Duathlon

\*Please note subject to change\*



# 31 JUL 22 CORAL COAST TRIATHLON QUEENSLAND AQUABIKE CHAMPIONSHIPS

Age	Event
18-19	Aqua bike
20-24	Aqua bike
25-29	Aqua bike
30-34	Aqua bike
35-39	Aqua bike
40-44	Aqua bike
45-49	Aqua bike
50-54	Aqua bike
55-59	Aqua bike
60-64	Aqua bike
65-69	Aqua bike
70-74	Aqua bike
75-79	Aqua bike
80-84	Aqua bike
85+	Aqua bike

\*Please note subject to change\*



## 21 AUG 22 YEPPON TRI FESTIVAL STANDARD DISTANCE

Age	Event
7-9	Junior Triathlon
10-11	Junior Triathlon
12-13	Enticer Triathlon
14-15	Sprint Triathlon
16-17	Standard Triathlon
18-19	Standard Triathlon
20-24	Standard Triathlon
25-29	Standard Triathlon
30-34	Standard Triathlon
35-39	Standard Triathlon
40-44	Standard Triathlon
45-49	Standard Triathlon
50-54	Standard Triathlon
55-59	Standard Triathlon
60-64	Standard Triathlon
65-69	Standard Triathlon
70-74	Standard Triathlon
75-79	Standard Triathlon
80-84	Standard Triathlon
85+	Standard Triathlon

\*Please note subject to change\*





# 16 OCT 22 BRIBIE ISLAND TRI SERIES RACE 1

## SPRINT DISTANCE

Age	Event
7-9	Active Kids
10-11	Active Kids
12-13	Short Course
14-15	Sprint Triathlon
16-17	Sprint Triathlon
18-19	Sprint Triathlon
20-24	Sprint Triathlon
25-29	Sprint Triathlon
30-34	Sprint Triathlon
35-39	Sprint Triathlon
40-44	Sprint Triathlon
45-49	Sprint Triathlon
50-54	Sprint Triathlon
55-59	Sprint Triathlon
60-64	Sprint Triathlon
65-69	Sprint Triathlon
70-74	Sprint Triathlon
75-79	Sprint Triathlon
80-84	Sprint Triathlon
85+	Sprint Triathlon

\*Please note subject to change\*

# 22 OCT 22 QLD AQUATHLON

## QUEENSLAND AQUATHLON CHAMPIONSHIPS

Age	Event
7-9	Kids Aquathlon
10-11	Kids Aquathlon
12-13	Enticer Aquathlon
14-15	Sprint Aquathlon
16-17	Sprint Aquathlon
18-19	Sprint Aquathlon
20-24	Sprint Aquathlon
25-29	Sprint Aquathlon
30-34	Sprint Aquathlon
35-39	Sprint Aquathlon
40-44	Sprint Aquathlon
45-49	Sprint Aquathlon
50-54	Sprint Aquathlon
55-59	Sprint Aquathlon
60-64	Sprint Aquathlon
65-69	Sprint Aquathlon
70-74	Sprint Aquathlon
75-79	Sprint Aquathlon
80-84	Sprint Aquathlon
85+	Sprint Aquathlon

\*Please note subject to change\*



## 6 NOV 22 HB100 LONG DISTANCE

Age	Event
7-9	Mini Aquathlon
10-12	Junior Aquathlon
12-13	Junior Triathlon
14-15	Intermediate Triathlon
16-17	Senior Triathlon
18-19	Long Course Triathlon
20-24	Long Course Triathlon
25-29	Long Course Triathlon
30-34	Long Course Triathlon
35-39	Long Course Triathlon
40-44	Long Course Triathlon
45-49	Long Course Triathlon
50-54	Long Course Triathlon
55-59	Long Course Triathlon
60-64	Long Course Triathlon
65-69	Long Course Triathlon
70-74	Long Course Triathlon
75-79	Long Course Triathlon
80-84	Long Course Triathlon
85+	Long Course Triathlon

\*Please note subject to change\*



## 5 NOV 22 RIVERWAY TRIATHLON SPRINT DISTANCE

Age	Event
7-9	Kids
10-11	Kids
12-13	Enticer Course
14-15	Sprint Triathlon
16-17	Sprint Triathlon
18-19	Sprint Triathlon
20-24	Sprint Triathlon
25-29	Sprint Triathlon
30-34	Sprint Triathlon
35-39	Sprint Triathlon
40-44	Sprint Triathlon
45-49	Sprint Triathlon
50-54	Sprint Triathlon
55-59	Sprint Triathlon
60-64	Sprint Triathlon
65-69	Sprint Triathlon
70-74	Sprint Triathlon
75-79	Sprint Triathlon
80-84	Sprint Triathlon
85+	Sprint Triathlon

\*Please note subject to change\*



# 8 JAN 23 QLD TRIATHLON SERIES ROUND 5 QUEENSLAND STANDARD CHAMPIONSHIPS

Age	Event
7-9	Pho3nix Kids
10-11	Pho3nix Kids
12-13	Enticer
14-15	Sprint
16-17	Standard
18-19	Standard
20-24	Standard
25-29	Standard
30-34	Standard
35-39	Standard
40-44	Standard
45-49	Standard
50-54	Standard
55-59	Standard
60-64	Standard
65-69	Standard
70-74	Standard
75-79	Standard
80-84	Standard
85+	Standard

\*Please note subject to change\*

# 5 FEB 23 QLD TRIATHLON SERIES ROUND 6

## QUEENSLAND SPRINT CHAMPIONSHIPS

Age	Event
7-9	Pho3nix Kids
10-11	Pho3nix Kids
12-13	Enticer Course
14-15	Sprint Triathlon
16-17	Sprint Triathlon
18-19	Sprint Triathlon
20-24	Sprint Triathlon
25-29	Sprint Triathlon
30-34	Sprint Triathlon
35-39	Sprint Triathlon
40-44	Sprint Triathlon
45-49	Sprint Triathlon
50-54	Sprint Triathlon
55-59	Sprint Triathlon
60-64	Sprint Triathlon
65-69	Sprint Triathlon
70-74	Sprint Triathlon
75-79	Sprint Triathlon
80-84	Sprint Triathlon
85+	Sprint Triathlon

\*Please note subject to change\*



# 26 MAR 23 HELL OF THE WEST QUEENSLAND LONG COURSE CHAMPIONSHIPS

Age	Event
7-9	Hell Kids
10-11	Hell Kids
12-13	Firestarter
14-15	Firestarter
16-17	Firestarter
18-19	Long Course
20-24	Long Course
25-29	Long Course
30-34	Long Course
35-39	Long Course
40-44	Long Course
45-49	Long Course
50-54	Long Course
55-59	Long Course
60-64	Long Course
65-69	Long Course
70-74	Long Course
75-79	Long Course
80-84	Long Course
85+	Long Course

\*Please note subject to change\*



# 16 APR 23 MACKAY TRI FESTIVAL STANDARD DISTANCE

Age	Event
7-9	Pho3nix Kids
10-11	Pho3nix Kids
12-13	Enticer
14-15	Sprint
16-17	Standard
18-19	Standard
20-24	Standard
25-29	Standard
30-34	Standard
35-39	Standard
40-44	Standard
45-49	Standard
50-54	Standard
55-59	Standard
60-64	Standard
65-69	Standard
70-74	Standard
75-79	Standard
80-84	Standard
85+	Standard

\*Please note subject to change\*





## 22 APR 23 TREX CROSS TRI QUEENSLAND OFF-ROAD CHAMPIONSHIPS

Age	Event
7-9	Dirt Kids
10-11	Dirt Kids
12-13	Junior
14-15	Sprint
16-17	Standard
18-19	Standard
20-24	Standard
25-29	Standard
30-34	Standard
35-39	Standard
40-44	Standard
45-49	Standard
50-54	Standard
55-59	Standard
60-64	Standard
65-69	Standard
70-74	Standard
75-79	Standard
80-84	Standard
85+	Standard

\*Please note subject to change\*



**STATE SERIES**

FIND YOUR STARTING LINE



**STATE SERIES**

QUEENSLAND CHAMPIONSHIP RACE



# 30 APR 23 BRANYAN CLINIC SPRINT TRIATHLON SPRINT DISTANCE

Age	Event
7-9	Kids
10-11	Kids
12-13	Enticer Course
14-15	Sprint Triathlon
16-17	Sprint Triathlon
18-19	Sprint Triathlon
20-24	Sprint Triathlon
25-29	Sprint Triathlon
30-34	Sprint Triathlon
35-39	Sprint Triathlon
40-44	Sprint Triathlon
45-49	Sprint Triathlon
50-54	Sprint Triathlon
55-59	Sprint Triathlon
60-64	Sprint Triathlon
65-69	Sprint Triathlon
70-74	Sprint Triathlon
75-79	Sprint Triathlon
80-84	Sprint Triathlon
85+	Sprint Triathlon