



TNSW/TACT DEVELOPMENT PATHWAY

PROGRAM	AGE*	SPORT SPECIALISATION	CAMPS / CLINICS	RACING	COACHING	COMPETITION FOCUS
REGIONAL ACADEMY OF SPORT PROGRAMS / REST OF STATE TALENT ACADEMY RASI / ROSTA / TACTTA	13 - 17	NO 'DO TRIATHLON, DON'T BE A TRIATHLETE'	SKILLS CLINICS/ RACE CAMPS	REGIONAL AND STATE	CLUB TRAINING GROUPS AND SPORTS SPECIFIC	SKILL DEVELOPMENT FUN / FRIENDS FALL IN LOVE WITH SPORT
TNSW / TACT EMERGING TALENT SQUAD	16 - 19	YES (WITH RELEVANT COMPLIMENTARY SPORTING EXPOSURE)	TRAINING AND RACING CAMPS	STATE AND NATIONAL	DTE	SKILL DEVELOPMENT/ TECHNICAL EXECUTION/ TACTICAL EXPOSURE
TNSW / TACT U23 DEVELOPMENT SQUAD	18 - 23	YES	TRAINING AND RACING CAMPS	NATIONAL AND INTERNATIONAL	DTE AND DPE	MULTI FACETED EXPOSURE UNDER STRESS/ FATIGUE OR PERFORMANCE

*AS AT 31 DECEMBER IN THE YEAR OF QUALIFYING WORLD CHAMPIONSHIP. **DTE** - DAILY TRAINING ENVIRONMENT **DPE** - DAILY PERFORMANCE ENVIRONMENT
ROSTA - REST OF STATE TALENT ACADEMY, **RASI** - REGIONAL ACADEMY OF SPORTS, **TACTTA** - TRIATHLON ACT TALENT ACADEMY