

## **FOUNDATION COACHING COURSE / BILLIGENCE TALENT ID ACADEMY INFORMATION**

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Triathlon NSW identified that our footprint across high schools is limited and there is a lack of quality accredited Triathlon coaches based in schools around NSW. This is not something that can be resolved quickly or easily. However the Triathlon NSW Board have made a decision to invest in an attempt to resolve this.

Triathlon NSW is seeking interested teachers and staff working within the schools system to commence their triathlon coaching journey!

With the support of our naming rights partner, Billigence, we are proud to offer you the chance to take part in an education course (Triathlon Foundation Coaching Course) and further professional development opportunities (Billigence Talent ID Academy) at a significantly discounted rate. This will provide you a strong base from which to grow and learn about the sport.

### **Why should I attend a Triathlon Foundation Coaching Course?**

We invite you to consider adding a Foundation Triathlon Coaching accreditation to your skill set, as it lends the perfect tools to compliment programs currently being run at your schools.

We consider becoming qualified in triathlon coaching as complementary to the current sporting programs at your school, in particular middle distance running, cross country and swimming, not contradictory. Triathlon is a 'late specialisation' sport, and our State development programs are conducted with an ethos of 'do a triathlon, don't be a triathlete'. We know that early specialisation is no indicator of success at the elite level later in life. Thus we see our sport as a means to compliment what your school currently does, not overtake it.

It will also allow you to better prepare your students for the NSW All Schools Triathlon event, held annually in Penrith.

### **Details for the Triathlon Foundation Coaching Course.**

The Foundation Coaching Course is held over two day's as such:

**Date:** Saturday 12<sup>th</sup> October and Sunday 13<sup>th</sup> October 2019

**Location:** Knox Grammar School

**Time:** 8.30 am to 5.30 pm (both days)

**Cost:** \$192.50 (50% Discount off the standard price of \$385 upon entering the Discount Code)

**Membership:** You must be a fully financial member of Triathlon Australia to attend this course. A membership purchased will cover your under Triathlon Australia's insurance till the 30<sup>th</sup> June 2020.

We have only quarantined 10 places in this course for teachers, and as such, will accept them on a 'first in best dressed' basis. To gain the discount code, email [adam.wicks@nsw.triathlon.org.au](mailto:adam.wicks@nsw.triathlon.org.au)

### **About the Billigence Talent ID Academy**

The Billigence Talent ID Academy will be a three day, live in camp which includes food, accommodation but most importantly, mentoring from some of Australia's best triathlon coaches.

The Billigence Talent ID Academy will be held at SAS Narrabeen, utilising their world class facilities and providing you three days of additional coaching, experience and engagement with highly qualified coaches. Each teacher who attends the Foundation Coaching Course will be invited to hand select three students from their school to attend, with the mantra of the camp being 'the search for our next Olympian'.

**Date:** Monday 9<sup>th</sup> December – Wednesday 11<sup>th</sup> December

**Location:** SAS Narrabeen

**Cost:** \$200 (Thanks to Billigence, our naming rights sponsor, this is a discount of 50%)

It's tough for us to put a price on being invited into a three day camp and gaining further coaching, mentoring and learning from some of Australia's best coaches. So we haven't factored that into the price. But we believe, it's priceless!

### **Do I have to attend both the Foundation Coaching Course and the Billigence Talent ID Academy?**

To receive the discount off either the **Foundation Coaching Course** and the **Billigence Talent ID Academy**, you will need attend both. If you are only able to attend the coaching course, you are still welcome to join us, but will be required to pay full price \$385.

### **How will Triathlon NSW support my journey beyond the Foundation Coaching Course and the Billigence Talent ID Academy?**

At the conclusion of your attendance at the Biligence Talent ID Academy, each new Foundation Coach will be introduced to a Mentor Coach, who will be your main point of contact to assist you and continue your progression.

### **I'm keen – how do I register?**

The first step is email [adam.wicks@nsw.triathlon.org.au](mailto:adam.wicks@nsw.triathlon.org.au) to confirm your place in both the Coaching Course and Academy.

You will need to take out your full annual membership with Triathlon Australia which ensures you are covered under their insurance. To do this, [click here](#).

Adam will provide you a link to the Foundation Coaching Course and the Billigence Talent ID Academy, with a discount code and you can register to confirm your place in both programs