

## Saturday 14th September 2019

### Stromlo Forest Park

(Provisional as at Thursday 26th April 2019)

Please note that in the case of an unforeseen circumstance the Race Director has the opportunity to make changes right up until the race start.

Time	Competitors	Whats Happening	Venue
<b>SATURDAY 14th September</b>			
7.00am	Novice/Sprint	Registration Opens	Athlete Services Tent
7.10am	Novice/Sprint	Transition opens for bike check-in and equipment setup	Transition
8.00am	ALL	Full Road Closure (Uriarra Rd and Dave McInnes Road)	Cycle Course/Car park
8.20am	Novice/Sprint	Registration Closes	Athlete Services Tent
8.35am	Novice/Sprint	Transition closes	Transition
8.40am	Novice	Compulsory race briefing for all NOVICE Competitors	Transition
9.00am	Novice	Race Start - NOVICE	Race Start
9.01am	Sprint	Compulsory race briefing for all SPRINT Competitors	Transition
9.15am	Sprint	Race Start SPRINT	Race Start
10.00am	TRYkids	TRYkids registration opens	Athlete Services Tent
11.00am	All	Transition open for all adults (bike check out)	Transition
10.50am	TRYkids	TRYkids registration closes	Athlete Services Tent
11.00am	TRYkids	TRYkids race briefing (Short & Long - bring your bike)	TRYkids Transition
11.05am	TRYkids	TRYkids transition opens	TRYkids Transition
11.15am	ALL	Roads open	Cycle Course
11.20am	TRYkids	TRYkids transition closes	TRYkids Transition
11.25am	Novice/Sprint	Transition closes	Transition
11.30am	TRYkids	TRYkids Short race starts	Race Start
11.35am	Novice/Sprint	Presentations - Novice/Sprint race only	Finish Line
11.55am	TRYkids	TRYkids Long race starts	Race Start
12.30pm	ALL	Award presentations TRYkids	Finish Line