

Sri Chinmoy National Capital Swim

Results Key...

DNC A lap was defaulted (pink background)
DNF Did Not Finish the race

Placings Key

3:57:59 Leg Time
 Overall Place **32** **3** **10** **2** Group Place by sex
 Category Place Overall Place by sex

Race Results - Overall Lake Burley Griffin, Canberra : 4 Dec 2016

O'all Place	Race Category	No.	Cat	Cat Dif	Individual Leg Splits
Place	Athlete or Team Name	Place	Place	O'all Dif	Swim 1 : 1.79 Km Swim 2 : 2.53 Km Swim 3 : 2.76 Km Swim 4 : 1.87 Km
1	Benjamin Freeman	1	1		1:58:45 20:07 35:15 43:52 19:31
2	Emma Gillingham	111	1	6:25	2:05:10 21:21 37:08 42:36 24:05
3	Isabella Coghlan	109	2	2:30 8:55	2:07:40 21:20 36:50 44:07 25:23
4	Eskindir Gavel	2	2	10:09 10:09	2:08:54 21:34 37:15 44:52 25:13
5	Ned Wieland	3	3	11:44 11:44	2:10:29 21:27 38:06 45:38 25:18
6	Jenna Freeman	101	3	16:11 22:36	2:21:21 22:58 42:33 48:32 27:18
7	The Swimpsons	403	1	24:15	2:23:00 Oscar Johnston Kylie Messgae Guy Jones Oscar Johnston 24:10 46:19 45:41 26:50

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8	3 Mates and a Carp	441	1	31:49	Greg Mitchell 29:18 30 1 18 3	Matty Hardy 42:58 10 1 7 2	Tyrone Compton 49:10 9 2 6 2	Mick Hanbury 29:08 13 1 10 1
9	Rod and Reel	471	1	33:03	Andrew Dawes 23:51 7 1 4 1	Rodney Smith 41:41 7 1 5 1	Andrew Dawes 54:51 15 1 11 3	Rodney Smith 31:25 21 1 13 2
10	Michael Prancki	7	4	33:57	24:47 10 4 7	45:21 12 5 9	53:33 11 4 7	29:01 11 5 8
11	Gary Odewahn	16	5	33:58	25:09 11 5 8	44:59 11 4 8	53:33 11 4 7	29:02 12 6 9
12	John Sheely	502	1	35:55	25:27 12 1 9	46:03 14 1 11	54:21 14 1 10	28:49 10 1 7
13	Fotitude Performance Coaching	442	2	4:35 36:24	Daryl Read 29:26 31 2 19 4	David Williams 47:34 18 2 12 3	Todd Hayword 45:48 7 1 5 1	Hayden Price 32:21 24 2 15 3
14	Ant Schwager	14	6	36:58	27:01 15 6 10	45:26 13 6 10	53:54 13 6 9	29:22 16 7 11

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15	Melissa Joy	Solo Female Under 50	104	4	32:19	2:37:29	38:44	26:31 13 4 4	46:40 16 4 5	53:32 10 4 4	30:46 18 6 7
16	Anna Doubell	Solo Female Under 50	103	5	37:34	2:42:44	43:59	29:11 29 8 12	48:13 21 6 9	56:10 17 6 6	29:10 14 4 4
17	Rachael Elkaim	Solo Female Under 50	110	6	37:36	2:42:46	44:01	29:10 28 7 11	48:19 22 7 10	56:02 16 5 5	29:15 15 5 5
18	Sarah Murphy	Solo Female Under 50 Wetsuit	602	1		2:44:00	45:15	26:47 14 1 5	47:50 19 1 7	57:30 19 1 8	31:53 22 1 9
19	Claire and Katie	Female Team	489	1		2:44:06	45:21	Claire Fishpool 29:07 27 1 10 1	Katie Binstock 47:58 20 1 8 1	Claire Fishpool 57:21 18 1 7 1	Katie Binstock 29:40 17 1 6 1
20	Emma Radford	Solo Female Under 50	112	7	40:05	2:45:15	46:30	27:01 15 5 6	47:13 17 5 6	58:14 22 7 9	32:47 29 8 11
21	Angus Lumsden	Solo Male Under 50	9	7	48:21	2:47:06	48:21	27:23 19 8 12	52:38 37 12 22	58:19 23 7 14	28:46 9 4 6

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Place	Athlete or Team Name	Place		Race Time O'all Dif	Swim 1 : 1.79 Km Swim 2 : 2.53 Km Swim 3 : 2.76 Km Swim 4 : 1.87 Km
22	The Old Guys	476	1	2:48:33 49:48	Alex Gosman 28:11 22 1 14 2 Alex Gosman 49:44 26 1 14 4 Terry Dixon 57:55 20 1 12 4 Terry Dixon 32:43 28 1 18 4
23	Lloyd Dobson	202	1	2:49:50 51:05	29:29 50:50 58:10 31:21 33 1 21 29 1 16 21 1 13 19 1 12
24	Nicolee Martin	251	1	2:50:13 51:28	27:19 48:43 1:00:27 33:44 18 1 7 23 1 11 28 1 11 34 1 14
25	Just Keep Swimming	404	2	2:50:19 51:34	27:19 41:39 1:05:26 39:21 Rowan Beggs-French 23:53 8 1 5 1 Rowan Beggs-French 41:39 6 1 4 1 Amy Beggs-French 1:05:26 37 2 16 1 Daina Hyatt 39:21 51 4 23 1
26	Vladimir Mravec	11	8	2:50:59 52:14	28:36 49:57 58:56 33:30 23 10 15 27 8 15 24 8 15 32 11 19
27	Jacob Allan	10	9	2:51:51 53:06	28:10 48:53 1:01:08 33:40 21 9 13 24 7 13 29 11 18 33 12 20
28	Bronwen Puleston-Jones	106	8	2:52:15 53:30	27:54 49:41 1:02:05 32:35 20 6 8 25 8 12 32 8 14 27 7 10

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O'all Place	Race Athlete or Team Name	Category	No.	Cat Place	Cat Dif	Race Time	O'all Dif	Swim 1 : 1.79 Km	Swim 2 : 2.53 Km	Swim 3 : 2.76 Km	Swim 4 : 1.87 Km
29	Damien Moston	Solo Male Under 50	6	10	53:49	2:52:34	53:49	28:39 24 11 16	52:24 35 11 20	58:58 25 9 16	32:33 25 9 16
30	Jamie Chismon	Solo Male Under 50	12	11	54:36	2:53:21	54:36	29:28 32 13 20	51:05 32 9 18	1:00:14 27 10 17	32:34 26 10 17
31	Pat-O's Despair - #4Pete	Mixed Team	402	3	32:44	2:55:44	56:59	Jacqueline Oberg 33:23 46 3 18 1	Jason Pattison 42:10 8 2 6 2	Andrew Oberg 1:13:45 50 4 27 2	Jason Pattison 26:26 6 1 4 1
32	Alison Taylor	Solo Female Under 50 Wetsuit	605	2	12:04	2:56:04	57:19	28:43 26 2 9	50:51 31 2 14	1:01:39 31 2 13	34:51 37 3 16
33	Just keep swimming	Female Team	488	2	12:45	2:56:51	58:06	Jacqui Pham 32:14 43 2 16 2	Chaitanya Oehmigara 50:26 28 2 13 2	Lauren Hendriks 1:01:19 30 3 12 3	Michelle Welch 32:52 30 3 12 3
34	Samuel Abeshouse	Solo Male Under 50	13	12	59:42	2:58:27	59:42	27:07 17 7 11	51:49 33 10 19	1:07:24 42 13 24	32:07 23 8 14
35	Lisa Moore	Solo Female Under 50	107	9	54:06	2:59:16	1:00:31	30:21 37 9 14	52:22 34 9 15	1:03:34 33 9 15	32:59 31 9 13

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36	Greg Gourley	Solo Male 60-69	302	1	1:00:51	2:59:36	1:00:51	29:31 34 1 22	50:50 29 1 16	1:04:24 34 1 19	34:51 37 1 22
37	Peter Turner	Solo Male 50-59 Wetsuit	703	1	1:04:24	3:03:09	1:04:24	29:37 35 1 23	52:26 36 1 21	1:05:38 38 1 22	35:28 40 2 23
38	Chris Mill	Solo Male 50-59	203	2	15:43	3:05:33	1:06:48	31:11 39 2 25	53:35 39 2 24	1:04:59 36 2 21	35:48 41 2 24
39	Simon Peter Price	Solo Male Under 50	15	13	1:07:21	3:06:06	1:07:21	31:13 40 14 26	53:12 38 13 23	1:04:48 35 12 20	36:53 45 13 25
40	Jessica Slinn	Solo Female Under 50 Wetsuit	604	3	24:25	3:08:25	1:09:40	30:19 36 3 13	56:11 43 3 17	1:07:33 43 3 19	34:22 35 2 15
41	John Macleay	Solo Male 50-59 Wetsuit	701	2	6:52	3:10:01	1:11:16	33:12 45 2 28	55:29 42 2 26	1:06:56 40 2 23	34:24 36 1 21
42	Sue Lyon	Solo Female 50-59 Wetsuit	752	1	1:11:45	3:10:30	1:11:45	32:00 42 1 15	55:19 41 1 16	1:06:34 39 1 17	36:37 43 1 19

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43	Kane Orr	Solo Male Under 50	5	14	1:16:52	3:15:37	1:16:52	31:35 41 15 27	56:51 45 15 28	1:08:30 44 14 25	38:41 48 14 27
44	Jannion Di Tommaso	Solo Female 60-69	342	1	1:16:53	3:15:38	1:16:53	33:01 44 1 17	56:54 46 1 18	1:09:46 45 1 20	35:57 42 1 18
45	Bob Welldon	Solo Male 60-69 Wetsuit	801	1	1:18:17	3:17:02	1:18:17	30:31 38 1 24	56:11 43 1 27	1:11:15 47 1 26	39:05 49 1 28
46	FIT Freestylers	Female Team	485	3	35:06	3:19:12	1:20:27	Stephanie Anderson 33:58 48 3 19 3	Merilyn Basset 1:13:58 64 9 32 10	Heather Gow-Carey 59:54 26 2 10 2	Liz Draper 31:22 20 2 8 2
47	Three Generations	Female Team	483	4	37:57	3:22:03	1:23:18	Emma Rees 34:58 50 4 20 4	Indira Shinn Rees 57:08 47 3 19 3	Indira Shinn Rees 1:10:26 46 5 21 5	Helen Gray 39:31 52 6 24 6
48	Moby Chicks	Female Team	482	5	41:00	3:25:06	1:26:21	Melissa Nickols 38:02 57 7 27 7	Rebecca Fabrizi 57:44 48 4 20 4	Claire Stutchbury 1:07:22 41 4 18 4	Megan Carters 41:58 54 7 25 7
49	All At Sea	Female Team	486	6	43:44	3:27:50	1:29:05	Liz Eedle 35:48 53 5 23 5	Karen Foat 1:02:56 54 6 23 6	Jessica Faulks 1:12:26 48 6 22 6	Samantha Rampant 36:40 44 5 20 5

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50	Oliver Mill	Solo Male Under 50	8	15	1:30:53	3:29:38	1:30:53	28:40 25 12 17	55:08 40 14 25	1:19:55 55 15 30	45:55 57 15 30
51	Geoff Llewellyn	Solo Male 80+ Wetsuit	891	1	1:34:50	3:33:35	1:34:50	34:16 49 1 30	1:02:04 51 1 29	1:16:14 52 1 29	41:01 53 1 29
52	Helen Walpole	Solo Female Under 50	113	10	1:28:39	3:33:49	1:35:04	35:25 52 10 22	1:03:59 56 10 25	1:17:30 53 10 24	36:55 47 10 21
53	Pauline English	Solo Female 60-69	341	2	20:19	3:35:57	1:37:12	36:40 54 2 24	1:01:44 50 2 22	1:18:19 54 2 25	39:14 50 2 22
54	Fit and fabulous	Female Team	484	7	54:04	3:38:10	1:39:25	Polly Templeton 37:51 56 6 26 6	Katharine Silk 1:03:23 55 7 24 7	Petra Mossop 1:22:01 57 7 27 7	Lindy Dunn 34:55 39 4 17 4
55	Jennie Sheppard	Solo Female Under 50 Wetsuit	603	4	56:42	3:40:42	1:41:57	35:01 51 4 21	1:04:52 57 4 26	1:20:52 56 4 26	45:41 56 4 27
56	Vikings 4	Mixed Team	401	4	1:22:51	3:45:51	1:47:06	Sue Wirken 44:00 62 4 31 2	Emma Parker 1:11:28 62 4 30 2	Sue Bowden 1:13:29 49 3 23 2	Geoff Williams 36:54 46 3 26 3

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57	Solo Male 60-69 Jim Donaldson	301	2	54:40	3:54:16	1:55:31	33:40 47 2 29	1:02:11 52 2 30	1:29:23 60 2 31	49:02 61 2 32
58	Solo Female Under 50 Alex Roberts	108	11	1:54:15	3:59:25	2:00:40	36:43 55 11 25	1:08:40 58 11 27	1:28:38 59 11 29	45:24 55 11 26
59	Female Team The non-competers	487	8	1:23:02	4:07:08	2:08:23	Alana Samodol 39:06 61 9 30 9	Kirsten Simpkins 1:00:30 49 5 21 5	Marijke Welvaert 1:37:56 64 9 32 10	Kerry Percival 49:36 62 8 30 9
60	Solo Female Under 50 Changyue Zhu	105	12	2:03:28	4:08:38	2:09:53	38:43 60 12 29	1:10:09 60 12 28	1:33:14 61 12 30	46:32 59 12 28
61	Male Team All Over 60 Anything's possible	477	2	1:22:00	4:10:33	2:11:48	Geoff Barker 48:19 64 2 32 5	Ron Brent 1:02:24 53 2 31 5	John Kennedy 1:14:06 51 2 28 5	Lachlan Lewis 1:05:44 64 2 33 5
62	Solo Male 50-59 Tim Garrett	201	3	1:21:42	4:11:32	2:12:47	38:10 59 3 31	1:09:46 59 3 32	1:37:13 63 3 32	46:23 58 3 31
63	Female Team The Waterbirthers	481	9	1:27:37	4:11:43	2:12:58	Ingrid Chapman 38:04 58 8 28 8	Kye Porritt 1:11:19 61 8 29 8	Julie Lambert 1:26:51 58 8 28 8	Elaine Hipwell 55:29 63 9 31 10

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64	S.A.S.S.Y	496	1		4:22:32	2:23:47	Deborah Johns 46:22 63 1 32 10	Helen Rubin 1:12:32 63 1 31 9	Helen Rubin 1:35:25 62 1 31 9	Deborah Johns 48:13 60 1 29 8