

RECOMENDATIONS FOR THE CONDUCT OF MULTI-SPORT CLUB ACTIVITIES FOR THE NEXT 6 WEEKS

These guidelines are provided by Triathlon NSW in response to the recommendations dated 14 August ([click here](#)) from the Chief Health Officer to minimise the risk of COVID-19 transmission in community sports.

Recent COVID-19 transmission clusters in the Sydney metropolitan region have prompted NSW Health to issue a set of recommendations to reduce the risk of transmission between geographical regions related to community sports events. In particular there is significant concern for the ongoing detection of mystery COVID -19 cases in the Sydney West and the Sydney South-West regions.

Following the Chief Health Officer's recommendations, we have developed the following document which provides advice for TNSW Affiliated clubs, competitors and other participants.

This advice remains valid until the 30 September, 2020.

All multi-sport club activities may proceed under the existing sanctioning conditions which include adherence to NSW Public Health Order No. 4 (1/7/20) and the subsequent requirements to collect contact details of all participants and also implement a [COVID-19 Safety Plan](#).

The following recommendations are provided:

- TNSW members are asked not to undertake any travel that results in overnight stays in residential-type settings with shared facilities.
- Participants are asked not to carpool with people from different households.
- Participants living in the south-west Sydney region are asked to only attend events and club activities within that region.
- Participants living in the western Sydney region are asked to attend open events and club activities within that region.
- Participants living outside the south-west and western Sydney regions are asked not attend open events and club activities within either of those two regions.
- Participants living outside the south-west and western Sydney regions may attend open events and club activities in other areas of Sydney that are outside their own region, but it's recommended that they reconsider the need to do so.
- Participants living in non-metropolitan regions (namely Central Coast and Hunter, Illawarra, South Coast and Snowy Mountains, New England and Northern Tablelands, Northern River and Mid North Coast, Orana, Central West and Greater Blue Mountains, Riverina and South West Slopes) may attend open events and club activities in other non-metropolitan regions, but it's recommended that they reconsider the need to do so.

- An event organiser / club can use their discretion should they wish to allow an athlete who, in practice, lives and stays in the region, but is a Triathlon Australia member of another club from another region, to join their club activities.

If you are uncertain about whether you should be travelling to open events or club activities, please contact the organiser for guidance in the first instance.

These guidelines are for all open events and club activities up to 30th September, at which time it is hoped that they will be relaxed in time for our larger community events, including our Club Championships on 14 November.

Club Events requiring specialised Facilities.

The NSW Government acknowledges that athletes may need to travel to specialised venues to participate in their sport. For example, a number of clubs conduct events at the Sydney International Regatta Centre. In the example of the Hills Triathlon Club, most members reside in the north-west region of Sydney.

It is possible that the Hills Club events can occur, but may be restricted to its north-western members only and continue to operate at the regatta centre in a “bubble” arrangement on race day.

Triathlon NSW’s sanctioning Officer, Mr David Williams, is happy to work through this unique circumstance with each club, as required.

FAQs

Q. I live in Cronulla and I am a member of the Hills Club. Can I still attend Hills club races in Penrith, which is in western Sydney?

A. No, because the event is in a hot spot region, you may not travel across town to race. But you are welcome to approach a club who delivers local events in your region.

Q. I am a member of Hat Head TC but I attend the Port Macquarie club races. Can I continue to do so?

A. Yes, provided that you don’t carpool with others from different households and you don’t stay overnight in residential-type settings with shared facilities.