

Junior Club Offerings in NSW

Club programs are run under a registered triathlon club for their members and provide skill development opportunities. Sessions are age appropriate and provide sessions designed by accredited triathlon coaches who volunteer their time for the benefit of members.

Sydney Clubs

Balmoral Triathlon Club – Active Kids provider

Balmoral Triathlon Club offers a professionally coached junior training program for club members aged 7 to 17 years that helps junior athletes develop their core triathlon skills in a fun, safe environment. Training is free for 7-11 year olds who are members of the club. Bookings are essential. BTC is hosting a juniors race on March 22nd, 2020.

More Info: <http://www.balmoraltriclub.org.au/juniors/>

Macarthur Triathlon Club

Macarthur Triathlon Club conduct a series of events across the summer months, and they are cheap and perfect for juniors to take part. Offering race distances for all ages (5+ years) and abilities, the Macarthur Triathlon Series is a family-friendly way for your family and juniors to get involved.

More Info: <http://mactri.com/>

Hills Triathlon Club – Active Kids provider

The best place to start with Hills Tri Club is to attend their weekly club “Brick” session at Parramatta Park. It’s on each weekend at 7:30 (arrive at 7:20 to set up) at Parramatta Park – meet at the bottom of the hill as you drive down, you will see their bike racks on the left.

They also offer lots of great cost-effective races for juniors out at Sydney International Regatta Centre, with events for 7-12 year olds.

More Info: <http://hillstriclub.com/kids-juniors-triathlon/>

Cronulla Triathlon Club – Active Kids provider

Cronulla Triathlon Club have a great group of juniors ranging in age from 5 - 16. With a focus on participation and involvement, CTC offer skilled junior coaches and a busy program.

From October to March they offer free training for juniors on Mondays at Sutherland bike track and Wednesday at Gunamatta Bay. Juniors are also invited to complete in the monthly club triathlons and aquathons in summer and the fortnightly short duathlons in winter.

More Info: <https://www.cronullatriclub.com.au/juniors> or Contact Erica (0409 021 973) or Mike (0435 500 183). Alternatively, simply come along on a Monday or Wednesday to meet them.

Central Coast Triathlon Club

Structured swim, bike and run training and races for ages 7+. Linked to The Central Coast Academy of Sport Triathlon program and assists with Junior Development.

More info : www.cctri.com.au or Central Coast Triathlon Club Facebook page.

South Coast Clubs

Illawarra Triathlon Club

Illawarra Triathlon Club conduct junior training on Wednesdays throughout summer. They also conduct a Junior Kids Triathlon Series, which are held in conjunction with the adults races at Port Kembla.

More Info: <http://www.itc.org.au/kids-races>

Shellharbour Triathlon Club

STC is a club focused on juniors and creating a wonderful family friendly atmosphere. They run sessions that covers all 4 legs of triathlon. Juniors can take part in club run events or targeted races from event companies. These programs are great for athletes aged from 5 +.

For more info, email club president Rob Spicer (rob.spicer@rocketmail.com)

Central West Clubs

Mudgee Triathlon Club

The junior triathlete development program is for children aged 8 and over who wants to improve triathlon skills within a fun, safe and supportive environment. All abilities welcome and catered for.

During the season they will be initiating structured training sessions under the guidance of their club coaches, meeting 3 times a week.

More Info: <http://mudgeetriclub.hwy.com.au/training/juniors/>

Orange Triathlon Club

The Orange Triathlon Club is a family friendly club that accommodates Juniors from ages 5 to 18. They offer regular club races and support the Orange Race Weekend (NSW Sprint Series) on November 30-December 1st.

For more information, see <https://www.facebook.com/orangetriclub/> or <http://octc.org.au/>