# **TECHNICAL OFFICIAL GUIDELINES**

#### Run

It needs to be recognised that Technical Officials are at an event to ensure that the technical and safety requirements of the event are observed, Technical Officials are not there to undertake activities that are responsibilities of the Race Director (RD), or the event organisation.

Supported by: Technical Delegate, Race Referee, Chief Run & other Senior Technical Team members

### **Overview**

Support athletes on the run course.

## Responsibilities

- Application of the AusTriathlon Race Competition Rules pertaining to the Run leg of the event. The Race Referee is available to answer questions about the rules before, during, and after the race.
- Athletes must stay on the run course and may only leave it if they return to the course at the same place.
- TOs should be on the lookout for athletes wearing headphones or other communication devices. These devices must be removed immediately on request of the TO.
- Athletes must have their torsos covered during the run. If requested by a TO, they
  must rectify this immediately.
- TOs should monitor the event for outside assistance such as coaches or supporters riding/running with athletes.

#### Note:

- TOs may be asked to monitor the run course from a static position, or moving around the course.
- TOs who are asked to ride a bicycle, either supplied or their own, as part of their role should always take a safety first approach. They should ensure that they do not endanger themselves or the athletes by following these safety guidelines:
  - Wear a properly fitted helmet and other appropriate safety gear.
  - o Be predictable and yield to athletes and other vehicles when necessary.
  - Be aware of your surroundings and watch for hazards.
  - Do not ride while distracted.
- If you are not comfortable riding a bicycle, you should speak to the Technical Delegate about alternative arrangements.

Reference: AusTriathlon Race Competition Rules

