

# Triathlon ACT

## Annual General Meeting

**2017-2018**

*5<sup>th</sup> September 2018*

Notice of 2018 AGM

Agenda 2018 AGM

Minutes 2017 AGM

Nomination Form 2018

Proxy Form 2018

Annual Report 2017-18

Financial Statements June 2018



**Triathlon ACT**

Annual General Meeting

5<sup>th</sup> September 2018

Canberra Southern Cross Club, Woden

# NOTICE OF TRIATHLON ACT ANNUAL GENERAL MEETING 2018



**Date:** Wednesday 5<sup>th</sup> September, 2018

**Location:** Canberra Southern Cross Club, Woden (92-96 Corinna St, Woden ACT 2606)

**Time:** 6.00pm-7.00pm

The 2018 Annual General Meeting of Triathlon ACT Inc. will be held on Wednesday 5<sup>th</sup> September 2018, at Canberra Southern Cross Club, Woden (92-96 Corinna St, Woden ACT 2606) ACT, where the items of business will be:

1. Acceptance of minutes from previous AGM;
2. Receive all reports;
3. Receive and review financial reports and auditor's report for 2017/18 financial year;
4. Appoint auditors for 2019; and;
5. Elect Committee Member positions of President, Vice President, Treasurer and four General positions.

No other business may be tabled at this meeting unless a 'Notice of Motion' is received in writing to the Executive Director at least 7 days prior to the meeting (i.e. 28<sup>th</sup> August, 2018 5pm).

Attached to this notice are the following forms for member's use only:

Nomination Form for elected positions – must be returned to Triathlon ACT by 4<sup>th</sup> September 2018, 5pm.

Appointment of Proxy – must be returned to Triathlon ACT by 4<sup>th</sup> September 2018, 5pm

Request to Place Items on the Agenda – 'Notice of Motion' must be returned to Triathlon ACT by 28<sup>th</sup> August 2018, 5pm.

For more information, please contact Craig Johns on (02) 6260 4430.

## **ANNUAL GENERAL MEETING OF TRIATHLON ACT INCORPORATED**

Wednesday 5<sup>th</sup> September, 2018 at 6pm  
Canberra Southern Cross Club, Woden



### **AGENDA**

Attendance

Apologies

Proxies

Recognition of Life Members in attendance

Minutes of the AGM held Thursday 21<sup>st</sup> September 2017 at 6.15pm

Matters arising from the Minutes

Annual report of the President

Treasurer's Report

Financial Statements

Appointment of Auditors

Nominations for Life Membership

Election of Office Bearers

Other Business

**ANNUAL GENERAL MEETING OF  
TRIATHLON ACT INCORPORATED**  
Thursday 21<sup>st</sup> of September 2017 at 6.15pm  
East Hotel, Kingston, ACT.



**MINUTES**

Attendance:

Steve Hough, Marty Rabjohns, Craig Johns, Daudi Somi, David Poulter, Alex Gosman, David Williams, Luke Healy, Natasha Royal and Priscilla Barrington.

Apologies:

Polly Templeton, Amanda Power, Mark Wallis, Anna Gurnhill, John Rogers, Corey Bacon, Rod Harrod, Katie Binstock and Kerren Crosthwaite.

Proxies:

Amanda Power and Polly Templeton.

Recognition of Life Members in attendance:

None in attendance

Minutes of previous meeting held on 22<sup>nd</sup> September 2016

Moved: Steve Hough Seconded: David Poulter

That the minutes of the AGM of 22<sup>nd</sup> September 2016 be accepted. Carried.

It was noted that the minutes of the 2016 AGM minutes did not identify who moved and seconded the Presidents Report, although it was acknowledged that it was accepted at the 2016 AGM.

Annual report of the President.

President's report to be found on page 13 of the 2016-17 Annual Report.

Alex Gosman delivered his report and summarised the following points:

- Triathlon ACT achieved record membership due to the combined efforts by clubs, Triathlon ACT and Triathlon Australia's promotional efforts.

- Outsourcing the major triathlon events in the ACT, to external event operators, has significantly reduced the risk to Triathlon ACT's resources.
- Due to two external event operators deciding not to operate in the ACT, the 2017-18 season will see Triathlon ACT combining with clubs to deliver two events.
- Thank you to the Triathlon ACT Board for their commitment to ensuring triathlon continues to grow and ensure sustainability for the future.
- Thank you to the Triathlon ACT staff and interns for their wonderful efforts in delivering triathlon programs, events and support to the ACT community.

Moved: Natasha Royal, Seconded: Steve Hough  
That the President's report be accepted. Carried.

#### Treasurer's Report.

Alex Gosman delivered, on behalf of Polly Templeton, a summary of the Treasurer's report to be found on page 16 of the 2016-17 Annual Report and the financial statements of the Association.

The financial statements had been audited. The strong financial oversight of Polly was recognised.

Triathlon ACT has returned to a surplus and improved the financial reserves. This was mainly due to the outsourcing of triathlon events and tightened expense control.

Alex recommended that Polly's report and the financial statements be accepted.

Moved: David Poulter, Seconded: Steve Hough  
That the Treasurer's report and financial statements be accepted. Carried.

#### Appointment of Auditors

Alex Gosman moved that Triathlon ACT reappoint Robert Bogdanoski of Elucidate Accounting & Tax as the auditor for the 2017-18 End of Year Financial Report.

Moved: Alex Gosman, Seconded: Steve Hough  
That the Auditor be reappointed for 2017-2018. Carried

#### Life Membership

No nominees

### Motion as a Special Resolution of the Triathlon ACT Annual General Meeting – Life Membership by Steve Hough

Steve noted that Triathlon ACT has the most Life Members of any of the STTA's, with 22 life members. He proposed the following amendments to section 10A Life Membership on page 10 of the Triathlon ACT Constitution:

#### 10A Life Membership

- (1) The Board may recommend to a General Meeting that any natural person who has rendered distinguished service to Triathlon, Duathlon, Aquathlon in the ACT through the promotion of the interests and objects of the Association be appointed as a Life Member.
- (2) A resolution of a General Meeting to confer life membership on the recommendation of the Board must be a Special Resolution.
- (3) A person nominated for Life Membership must accept or reject the Association's resolution to confer life membership in writing. Upon written acceptance, the person's details will be entered upon the Register, and from the time of entry on the Register the person will be a Life Member.
- (4) A Life Member may elect to be an Individual Member and will be entitled to all privileges and all obligations of the relevant membership category.

The amendment was unanimously passed by all those in attendance.

Moved: Natasha Royal, Seconded: Luke Healy

That the "10A Life Membership" section on page 10 be amended in the Triathlon ACT Constitution, as per the Motion as a Special Resolution of the Triathlon ACT Annual General Meeting presented by Steve Hough, commencing in 2017-2018. Carried

#### Election of Office Bearers

President:	Nomination – Alex Gosman Accepted
Vice President:	Nomination Deferred to October 2017 Board meeting
Treasurer:	Nomination – Polly Templeton Accepted
General Committee:	Nomination – Marty Rabjohns Accepted
General Committee:	Nomination – Daudi Somi Accepted
General Committee:	Nomination – Steve Hough Accepted

General Committee: Nomination – Amanda Power  
Accepted  
General Committee: Nomination – Priscilla Barrington  
Accepted

Alex thanked Mark Wallis for his efforts as Vice President on the Triathlon ACT Board and wishes him all the best for his endeavours.

#### Other Business:

Alex Gosman noted that:

- Polly Templeton received a certificate of appreciation from Commonwealth Bank in recognising her contribution to the Australian community as the valued Treasurer of Triathlon ACT.
- Triathlon ACT's oldest active triathlon member, Rad Leovic, turned 90 years old in August.
- Cruiz Swimming Club had recently affiliated to Triathlon ACT.
- Five 2017 ITU World Championship medals were achieved by Triathlon ACT members:
  - Gold - Penny Slater ITU World U23 Cross Triathlon Championships
  - Gold – Emily Tapp ITU World Paratriathlon Championships
  - Bronze – Penny Slater ITU World U23 Aquathlon Championships
  - Bronze – Lachlan Lewis ITU World 80-84 Aquathlon Championships
  - Bronze – Elizabeth Mutton ITU World 25-29 Cross Triathlon Championships

David Williams asked a question in relation to the affiliation of clubs who are specific to swimming, cycling or other sport. Craig, Alex and Daudi informed everyone that the decision was based around the following:

- Extending interest and alignment to those sports associated with triathlon and noting interest by TA Board in extending relationships with other sports particularly athletics, swimming and cycling.
- providing an opportunity to increase the number of juniors in the ACT, which has been declining for the past 5 years
- enabling the adult swimming members of the club, who also participate in triathlon to pay one membership fee rather than one to NSW Masters swimming and Triathlon Australia
- developing opportunities for sports clubs who have multiple sports an avenue to affiliate to a state/national body from an insurance and regulation point of view
- Triathlon ACT has another swimming club affiliated, who is a multisport club

**Meeting closed at 6.44pm. Congratulations to the new committee and welcome to the Board.**

# NOMINATION FORM



To be nominated as Candidate for an elected position as a Board Member of Triathlon ACT Inc:

1. You must be a current financial member of Triathlon ACT / Triathlon Australia at the time of nomination.
2. The nomination form must be signed by two current financial members of Triathlon ACT / Triathlon Australia.
3. The Candidate must endorse the nomination.

We hereby nominate: \_\_\_\_\_ Triathlon Australia Member #: \_\_\_\_\_  
(Name of the Nominated Candidate for Board Member) (TA.....)

for the position of: \_\_\_\_\_ on the Board of Triathlon ACT Inc.  
(President, Vice President, Treasurer, General Board Member (indicate one))

Nominated by: \_\_\_\_\_  
(Name) (Signature) (TA Member Number)

Seconded by: \_\_\_\_\_  
(Name) (Signature) (TA Member Number)

I hereby accept the nomination for the position above: \_\_\_\_\_  
(Candidate's Signature)

This form must be received at the offices of Triathlon ACT Inc. no later than 5pm (Eastern Australian Time) on 4<sup>th</sup> September, 2018. This form can be emailed to [admin@act.triathlon.org.au](mailto:admin@act.triathlon.org.au).



## 2018 Triathlon ACT Annual General Meeting Appointment of a Proxy



I, \_\_\_\_\_, am unable to attend the Triathlon ACT Annual General Meeting,  
(Member's Name)

But I appoint, \_\_\_\_\_, as my proxy.  
(Proxy Name)

\_\_\_\_\_  
(Member's Signature)

\_\_\_\_\_  
(Date dd/mm/yyyy)

This form must be received at the offices of Triathlon ACT Inc. no later than 5pm (Eastern Australian Time) on 4<sup>th</sup> September 2018. This form can be emailed to [admin@act.triathlon.org.au](mailto:admin@act.triathlon.org.au).



# **TRIATHLON ACT**

## **Annual Report 2017–18**

### **ABOUT TRIATHLON ACT**

Triathlon ACT (TACT) was founded in 1986 and is the governing body for the sport in the Canberra region. Triathlon ACT is a member of Triathlon Australia and works with the sport's national governing body to ensure a national and strategic approach to the sport. Canberra is recognised as having one of the highest participation rates in sport generally in Australia and in regard to triathlon Canberra has the highest per capita participation and membership rates in Australia. Over 61% of members of Triathlon ACT are females, which is well above the national average for female participation.

## 2017–18 ORGANISATIONAL STRUCTURE

### COMMITTEE

<i>President</i>	Alex Gosman
<i>Vice President</i>	Mark Wallis (resigned Sep 2017)
<i>Treasurer</i>	Polly Templeton
<i>Committee Members</i>	Steve Hough
	Daudi Somi (resigned Mar 2018)
	Marty Rabjohns
	Amanda Power
	Priscilla Barrington (commenced Sep 2017)
	Angharad Llewellyn (commenced Mar 2018)

### STAFF (full time, part time, short-term contract)

<i>Executive Director</i>	Craig Johns
<i>Athlete Services Manager</i>	Mel Saltiel

### INTERNS

(All from University of Canberra)
Rebecca Luttrell
Adrian Macor
Jessica Brooker
Hannah Smith
Amanda Kyburz

### COORDINATORS

<i>TA Technical Delegate</i>	Gai Webster
<i>Coaching Director</i>	Unfilled
<i>Junior Development Squad</i>	Corey Bacon
	Megan Hall

Member	Position	Member Since	Jul 17	Aug 17	Sep 17	Oct 17	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	Jun 18	Total
Alex Gosman	President	Sep 2011	Y	N/A	Y	Y	Y	N/A	Y	N/A	Y	N/A	Y	N/A	<b>7/7</b>
Steve Hough	Vice President	Sep 2005	Y	N/A	N	Y	Y	N/A	Y	N/A	N	N/A	Y	N/A	<b>5/7</b>
Polly Templeton	Treasurer	Apr 2015	Y	N/A	Y	Y	Y	N/A	N	N/A	N	N/A	Y	N/A	<b>5/7</b>
Priscilla Barrington	General	Sep 2017	-	-	-	Y	Y	N/A	Y	N/A	Y	N/A	Y	N/A	<b>5/5</b>
Mark Wallis	Vice President	Sep 2015 - Sep 2017	N	N/A	N	-	-	-	-	-	-	-	-	-	<b>0/2</b>
Daudi Somi	General	Feb 2015 - Mar 2018	N	N/A	Y	Y	N	N/A	Y	N/A	Y	-	-	-	<b>4/6</b>
Marty Rabjohns	General	Sep 2015	N	N/A	Y	Y	N	N/A	N	N/A	N	N/A	N	N/A	<b>2/7</b>
Amanda Power	General	Sep 2016	Y	N/A	N	Y	Y	N/A	Y	N/A	Y	N/A	Y	N/A	<b>6/7</b>
Angharad Llewellyn		Mar 2018	-	-	-	-	-	-	-	-	Y	N/A	Y	N/A	<b>2/2</b>
		<b>Total</b>	<b>4/7</b>	<b>N/A</b>	<b>4/7</b>	<b>7/7</b>	<b>5/7</b>	<b>N/A</b>	<b>5/7</b>	<b>N/A</b>	<b>5/8</b>	<b>N/A</b>	<b>6/7</b>	<b>N/A</b>	<b>36/50</b>

## **LIFE MEMBERS**

- Phil Aungle (1988)** – In recognition of his involvement in the establishment of the TACT organisation
- Ian Johnson (1988)** – In recognition of his involvement in the establishment of the TACT organisation
- Robert Caune (1989)** – In recognition of his contribution to the early development of the sport in the ACT
- Christine Toohey (1991)** – In recognition of her tireless efforts in the area of race organisation
- Ken Uren (1992)** – In recognition of his contribution in the area of race organisation
- Fred Allsopp (1993)** – In recognition of his outstanding support in the area of race organisation
- Malcolm Booth (1993)** – In recognition of his ongoing support in coaching
- John Ison (1995)** – In recognition of his contribution to sport governance nationally (race rules) and locally
- Paul Blake (1999)** – In recognition of his commitment to the development of juniors in the sport
- Prachar Stegemann (1999)** – In recognition of his ongoing ability and desire to provide multi-sport events in ACT
- Deborah Hoare (2000)** – In recognition of her outstanding contribution to the development of the sport
- Garry Muir (2001)** – In recognition of his support in race operations of triathlon events
- Jane Seaborn (2002)** – In recognition of her long-term involvement in race organisation, governance and technical
- William Baker (2003)** – In recognition of his outstanding efforts in the area of sport governance
- David Baldwin (2004)** – In recognition of his contribution to the advancement of the sport with website and IT
- Gary Rolfe (2005)** – In recognition of his ongoing support across all areas of coaching
- Fiona Johnstone (2006)** – In recognition of her contribution to strategic direction and governance of Triathlon ACT
- Gai Webster (2009)** – In recognition of her outstanding contribution to the technical program
- Rad Leovic (2010)** – In recognition of his outstanding contribution as a long-term competitor and volunteer
- Ben Gathercole (2011)** – In recognition of his ongoing support across all areas of coaching
- Garry Stevens (2012)** – In recognition of his ongoing and outstanding support to Triathlon in the ACT
- Stuart Bardsley (2015)** – In recognition of his ongoing and outstanding support to Triathlon in the ACT

## **MISSION**

- To coordinate, develop and promote the multi-endurance sports events of triathlon and its associated sports of duathlon and aquathlon.

## **OBJECTIVES**

- To promote interest in triathlons and the other multisport endurance events of duathlon and aquathlon.
- To promote good fellowship among those interested in triathlons and multisport endurance events.
- To ensure triathlons and multisport endurance events are conducted in the best interests of the participants and the sport and to liaise with and where appropriate in the absolute discretion of the Association to sanction event promoters and relevant bodies to achieve this.
- To educate, train, coach and encourage members.
- To do all such things and act in a way that is conducive to the furtherance of the objects and interest of the Association.
- To promote, advertise, organise, sanction or conduct the multisport endurance events of triathlon, duathlons and aquathlon for members and members of the public.

## **2017–18 AFFILIATED CLUBS**

- |   |   |
|---|---|
| • Ben Gathercole Performance Coaching Cooperative | • Performance Triathlon Coaching (PTC)  |
| • Canberra Bilby's Triathlon Club                 | • Tri 3 Coaching  |
| • Exceed Fitness                                  | • Tridents Triathlon Club   |
| • Females in Training (FIT)                       | • Vikings Triathlon Club  |
| • Fit2Tri   | • Australian Defence Force Triathlon Club (ACT) (national affiliation with Triathlon Australia) |
| • Fortitude Performance Coaching                  |   |
| • Goulburn Triathlon Club                         |   |

## **PRESIDENT'S REPORT**

The 2017-18 triathlon season was very successful for Triathlon ACT notwithstanding an unfortunate re-occurrence of water quality issues at the tail end of the season. Triathlon ACT has retained high levels of membership (at a time when other states have been losing membership), experienced near record levels of participation in our events over the season and had strong growth at the novice level through the various programs run by our member clubs. We welcomed two new affiliated clubs with Tri 3 Coaching and Ben Gathercole Performance Coaching Cooperative.

At the national and international level and at the able bodied and Paratriathlon events, a number of our ACT members starred and represented the ACT with distinction. Good luck to those who will be representing Australia at the "worlds" in the Gold Coast in September.

It is also great that as a sport and a territory we have such great levels of female participation - over 61% - we are a trendsetter for other sports.

During the year Triathlon ACT ran a duathlon, triathlon and three aquathlons (the 4th aquathlon, the ACT Championships, had to be cancelled due to the late season water quality issues) with the support of our member clubs. Without this support these events could not be run. Weather conditions were ideal albeit on the hot side. Thanks to that small core team who put in long hours in preparation for the events and then to those who volunteered on the day. We will again be looking to such support for the next season to ensure Triathlon ACT can provide members with a full season of local events. So, a deep expression of thank you for all those who volunteered their time.

On behalf of the Triathlon ACT Board we would like to express our real appreciation of the efforts of our hard-working team in the Triathlon ACT office - Craig and Mel - for all the time and inspiration they put into the sport of triathlon in the ACT. They work way above the call of duty and bring their deep love of the sport to all their endeavours on our behalf and make sure that ACT can really punch above its weight in the events and support provided. An example is the Sanitarium Weet-Bix Kids TRYathlon where Craig puts in many hours to make sure Triathlon ACT can have a strong presence to attract the next generation of triathletes. Thanks also to the hard-working bunch of interns at Triathlon ACT.

Another highlight of the year was the support provided by Triathlon ACT under the ACT Inclusion program to a number of young children at the Sanitarium Weet-Bix Kids TRYathlon. The smile on their faces and that of their parents highlighted what a great experience participation had been. With the support of the ACT Government and Kambah Lions we have purchased two modified bikes suitable for use in triathlons.

I would also like to express my appreciation for the efforts and support of my fellow Board members - Steve, Polly, Marty, Amanda, Priscilla and Angharad - and their willingness to put in long hours as volunteers at events. Polly brings great skills to the role of treasurer, not creative skills thankfully, and has ensured we remain in the black. During the year Daudi Somi and Mark Wallis stepped down from the board, and we thank them for their efforts and in particular the legal skills brought to the board. Marty will be stepping down in September and thanks again for all his efforts and we appreciate the constraints of a busy career and interstate travel.

Running an active season would not be possible without our sponsors and commercial partners and I would really like to thank the following: East Hotel, Canberra Southern Cross Club, Proximity, Rolfe Classic BMW, EY, Pure Sports Hydration, SportsCare and Physiotherapy, Scody, The Runners Shop and H2O Marine.

Triathlon at the national level faces a few challenges as despite growing participation, membership is falling, which has significant financial implications. Steve, Craig and I have represented Triathlon ACT on various committees at the national level considering issues such as short and long-term finances as well as possible organisational structure changes to drive efficiencies and deliver a better experience to all members. This work is ongoing, and we look forward to sharing some of the information as work progress - however a decision on any changes will depend on whether those changes strengthen the sport in the ACT and that we are confident in the ability of a changed structure to deliver those reforms.

Regards

Alex Gosman  
President, Triathlon ACT 2017-18



## EXECUTIVE DIRECTOR'S REPORT

Triathlon ACT continues its strong participation growth with record numbers in events this season. Even though there was a slight drop in membership, it was very encouraging to see the female 25-29 demographic show exponential growth, which made up 33% of this year's novice program.

We are exceeding ACT government minimum gender quotas, with ease. This includes females making up 61% membership, 65% of the novice category, 50% staff, 45% event participation, 57% Board members, 48% coaches, 50% event volunteers, 80% of interns, and 50% girls in children's participation events.

Emily Tapp, under the guidance of coach Megan Hall, continued her fine form at international level, winning the 2017 Rotterdam ITU World Paratriathlon PTWC category and claiming silver at the 2018 Gold Coast Commonwealth Games in the PTWC event. Emily also won international titles at the Magog ITU World Cup, Edmonton ITU World Paratriathlon Series and Devonport ITU World Cup.

Penny Slater won the 2017 Penticton ITU World Cross Triathlon U23 Championships, 3rd at the 2017 Penticton ITU World Aquathlon U23 Championships, 1st 2018 Australian Cross Triathlon and 1st Australian Aquathlon Elite/U23 Championships. She also finished 11th at the Xterra World Elite Championships in Maui.

Declan Wilson had a breakthrough year winning the 2018 New Plymouth ITU World Cup. Coming up through the ranks is Callum McCluksy, who won the Australian Elite Standard Triathlon Championships, 1st St Kilda OUT Oceania U23 Triathlon Championships, 1st Holten ETU Triathlon Junior European Cup and 1st Zagreb ETU Triathlon Junior Triathlon Cup.

Overall event participation increased this season with record numbers in the ACT Aquathlon Series and the Elite Energy Canberra Triathlon Festival. Event participation numbers have grown 250% since the 2014-15 season. The increase in event participation arises from the strategic decision several years ago to look to the outsourcing of events through successful licencing of events. As a result, Triathlon ACT can focus on sport development and promotion.

The Sanitarium Weet-Bix Kids TRYathlon at the Australian Institute of Sport sold out for the fourth year in succession. ACT continued its school visit and activation program, supported the Weet-Bix Kids TRYathlon event, and increased its promotion of junior triathlon opportunities. Canberra Grammar School, Fit2Tri Triathlon Club, Performance Triathlon Coaching, Tri 3 Coaching and the Vikings Triathlon Club continue building their junior participation and development programs.



Alex Gosman and Steve Hough worked closely with local physiotherapists to grow a wonderful triathlon inclusion program. Twelve excited children participated in the Sanitarium Weet-Bix Kids TRYathlon event. Thank you to the ACT Government for an Inclusion Program grant, which has allowed Triathlon ACT to purchase two new Race Runners and indoor trainers to deliver more inclusion program opportunities.

Triathlon ACT retained the services of long-standing staff: Craig Johns as the Executive Director and Mel Saltiel as Athlete Services Manager. They continue to grow a successful internship program, with five University of Canberra Students involved in the 2018 program. The interns undertake specific roles and projects in the sport of triathlon in the areas of Membership, Club Development, School Participation, Event Operations and Data Analysis. Throughout the year the interns are inspired by six guest speakers and have a TRIInnovation project to complete.

The Combined Club / Triathlon ACT Event delivery model has enabled a more sustainable community event delivery model. The model provides a collaborative approach to delivering events and mitigating financial and operational risk. One duathlon, one triathlon and three aquathlons were successfully delivered under the model.

Coach development and accreditation continued to be a focus for Triathlon ACT with a Development Coach course being held. Our technical official program continues to grow in strength with Gai Webster and Aaron Broughton officiating at the 2018 Gold Coast Commonwealth Games. One LTO Course was completed enabling eight new technical officials to support our strong technical team.

Triathlon ACT maintained its alignment with the national strategic plan for triathlon and has been able to support club capability needs more effectively in the ACT. This has enabled the number of clubs to grow from eight to fourteen in the last four seasons. The Top Club and Club Spot initiatives were introduced into the ACT Clubs, with three clubs currently completing Top Club. They continue to meet and exceed national participation targets established through the Triathlon Australia Participation Plan.

Triathlon ACT maintained a tier one status for funding support from the ACT Government and continues to work closely with local government to ensure greater facility access for both training and competition.

Craig Johns  
Executive Director

## **TREASURER'S REPORT**

I present the Treasurer's report for Triathlon ACT Inc. (the Association) for the year ending 30 June 2018. The financial statements, as presented, have been audited.

The result for the year was a surplus of \$41,013 (as against a forecast surplus of \$330) and represents an increased surplus from \$22,495 in 2016-17. Triathlon ACT along with the ACT triathlon clubs combined to run a duathlon in August 2017 and then a Clubs triathlon event in December 2017. Both these events broke even thanks to the efforts of the clubs in supporting the events and supplying volunteers to assist.

Total income was \$240,060 this year up from \$206,591 the previous year. The sources of income apart from the Triathlon Australia membership rebate and ACT Government grant comprising the following: sponsorship revenue of \$17,799; entry fees from Triathlon ACT / Club delivered events of \$35,832; and event licence fees revenue of \$9,170, although a portion of these fees had not been received by year end.

Another reason for the better than expected result was the tight rein kept by the Board and the Executive Director on all expenditure items, as well as Triathlon ACT decreasing to 1.2 FTE staff for most of the year. Total expenditure was \$207,189 this year up from \$184,095 in 2016-17 but still much less than \$307,620 in 2015-16.

Elucidate Accounting has again performed the 2017-18 audit, with the current system of an external bookkeeper contracted to review the payroll and submit the quarterly GST and tax obligations working very efficiently. The Finance subcommittee of the Triathlon ACT Board reviewed the Association's financial position monthly and monitored the Association's balance sheet and income and expenditure statement against budget projections.

As a result of the surplus for the year, and the growth in retained earnings, Triathlon ACT's net assets have increased to \$113,394. It demonstrates the wisdom of the decision taken by the Board to outsource event management to reduce the exposure to rapidly rising costs. A surplus of \$0 has been budgeted for the coming 2018-19 year with Triathlon ACT and the clubs pooling resources to hold three events: a duathlon, as well as the Canberra Club Triathlon and Capital Trilogy Triathlon.

My third year on the Board as Treasurer has been much less onerous due to the improved financial position. My thanks go to the Association's current staff - Craig Johns (Executive Director) and Mel Saltiel (Athlete Services Manager) - for their highly professional support during the year as well as our appreciation for the analysis and project work performed by various interns.

I recommend that the financial statements, as presented, be adopted.

Polly Templeton

Treasurer, Triathlon ACT 2017-18

## **MEMBERSHIP**

Membership of Triathlon ACT entitles athletes to:

- Triathlon Australia members' benefits, including personal accident and public liability insurance and eligibility for selection to Australian teams through the TA membership
- Cheaper entry fees for Triathlon ACT events
- Eligibility to accumulate points in the Triathlon ACT Point Scores (age group and overall)
- Eligibility to nominate other Triathlon ACT members for the Triathlon ACT special awards
- Eligibility to be nominated for the Triathlon ACT special award
- Access to development courses (coaching, officiating)
- Access to Triathlon ACT partner discounts.

We encourage competitors in Triathlon ACT triathlons to purchase membership by:

- Promoting membership via newsletter, website, print material and club visits
- Phoning non-renewing members and past competitors at the beginning of each season
- Applying One Day Membership charges at all races for non-members
- Requiring membership for entry to certain races in Australia.

Triathlon ACT Membership is promoted and encouraged by Triathlon ACT through communication with competitors and the triathlon community as a whole.

Membership at 30 June 2018 was at 1,029.

## CLUB MEMBER DATA

Club	2017-18	2016-17	2015-16	2014-15	2013-14	2012-13	2011-12	2010-11
Triathlon ACT	1029	1,052	1,001	1,042	638	546	444	435
ACT Defence	50	36	24	31	-	-	-	-
Ben Gathercole Performance	3	-	-	-	-	-	-	-
Canberra Bilbys Triathlon	316	309	277	247	-	-	-	-
Exceed Fitness	13	23	27	29	-	-	-	-
Females in Training	358	328	306	345	-	-	-	-
FIT 2 TRI Triathlon Club	28	21	23	25	-	-	-	-
Fortitude Performance Coaching	13	2	0	0	-	-	-	-
Goulburn Triathlon Club	13	61	68	79	-	-	-	-
JT Multisport	-	-	-	-	-	-	-	-
Performance Triathlon Coaching	87	92	82	83	-	-	-	-
Transcend Multisport	2	-	-	-	-	-	-	-
Tri 3 Coaching	10	-	-	-	-	-	-	-
Tridents Triathlon Club	10	15	16	25	-	-	-	-
Vikings Triathlon Club	125	155	164	160	-	-	-	-
No Club		10	14	18	-	-	-	-

## SPONSORSHIP & GRANTS

### Grants

#### ACT Government: Sport and Recreation

The ACT Government, through Active Canberra (Sport and Recreation) ACT's Operational Program, continued their support of Triathlon ACT in 2017–18 (although it should be noted that Sport and Recreation provides financial support on a calendar year basis, while this report is prepared on a financial year basis). Triathlon ACT maintained its triennial funding through to the end of 2019.

The ACT Government, through Active Canberra (Sport and Recreation) ACT's Inclusion Program, provided a one-off grant to support initiatives to increase the number of ACT children, to get active more often. The funding is being utilised to develop a children's paratriathlon participation resources to prepare students for the Sanitarium Weet-Bix Kids TRYathlon event.

### Commercial Sponsorship

- East Hotel
- Canberra Southern Cross Club
- Proximity
- Rolfe Classic BMW
- EY
- Pure Sports Hydration
- SportsCare and Physiotherapy
- Scody
- The Runners Shop
- H2O Marine



### Triathlon ACT – Membership Comparisons by Age Group

Member Type	2017-18	2016-17	2015-16	2014-15	2013-14	2012-13	2011-12	2010-11	2009-10	2008-09	2007-08
Female U20	21	36	43	48	52	51	22	46	32	52	59
Female 20-29	97	87	82	80	64	44	28	72	71	68	68
Female 30-50	344	347	315	350	161	141	92	139	160	114	173
Female 51+	190	171	171	161	41	33	31	33	35	24	24
Male U20	17	39	43	54	53	46	34	57	38	77	69
Male 20-29	42	50	36	42	41	32	32	55	61	49	47
Male 30-50	203	221	216	219	165	152	142	135	171	165	172
Male 51+	115	101	95	88	61	48	61	57	67	65	55
<b>TOTAL</b>	<b>1029</b>	<b>1052</b>	<b>1001</b>	<b>1042</b>	<b>638</b>	<b>547</b>	<b>442</b>	<b>594</b>	<b>635</b>	<b>614</b>	<b>667</b>

## COMMUNICATION

### Triathlon ACT EDM (Over 2,300+ / month subscribers)

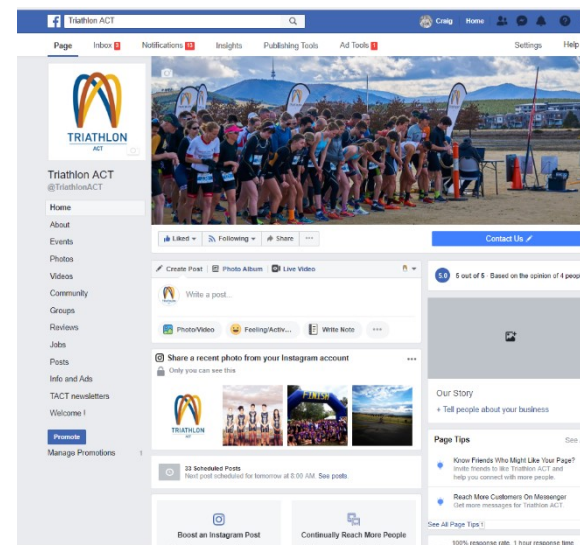
An email (eDM) newsletter is circulated to over 2,000 subscribers monthly. The eDM details upcoming events, sponsor promotions, programs, education tips, results and other triathlon news.

### Triathlon ACT Website (over 200,000 page visits per year, NC)

The Triathlon ACT website is a modern, user friendly website for members, sponsors and other stakeholders. It contains information about upcoming races, race results, the race calendar incorporating interstate and national events. Triathlon ACT sponsors are advertised on the website.

### Triathlon ACT Facebook (2,180 + likes, up 8%)

Triathlon ACT's presence on social media has increased during the last year, enabling us to communicate more directly with our members and participants. We have now exceeded 2,000 Facebook followers. The Facebook page provides regular content on training tips, keeping healthy, sponsor messages, results, upcoming events and other triathlon related news.





## SPORT DEVELOPMENT

Triathlon ACT, through affiliated clubs Bilbys, Vikings, FIT and Fit2Tri, actively introduced approximately 150 newcomers to the sport through the annual Novice Triathlon Program. Triathlon ACT provided support to the clubs to deliver suitable training to novices at a club level in the lead-up to the ACT Triathlon Series.

Triathlon ACT TRYkids Children's Series once again attracted participants from all over the ACT. The Vikings Triathlon Club, Performance Triathlon Coaching, Fit2Tri and Canberra Grammar School organised a junior participation triathlon program this season.

Fourteen ACT athletes joined the Junior Development Program in 2017–18. Athletes attended seminars with experts providing advice on skills acquisition and other performance topics to support their training. Members who attended the Australian Youth and Junior Triathlon Series were provided ACT team trisuits and polo shirts.

The Paratriathlon program in Canberra was reduced in 2017-18, with only Emily Tapp based at the AIS under the guidance of Megan Hall. Alex Gosman and Steve Hough assisted the Triathlon ACT Inclusion Program with seven participants who trained for the Sanitarium Weet-Bix Kids TRYathlon.

Two Triathlon Australia coach accreditation courses were held in the ACT during the 2017-18 season. Eight participants attended a Development course and no one from the ACT attended the Performance course.

There were four Technical Official courses held during the 2017–18 season. Two attended the ITU CTO (level 2) course in Brisbane, four attended the Triathlon Australia (TA) LTO (Level 1) course, four attended the TA RTO (Level 2) course and one attended the TA ATO (Level 3) course.





## **2018 AUSTRALIAN COMMONWEALTH GAMES – Gold Coast, Australia**

- **Emily Tapp** – 2<sup>nd</sup> Paratriathlon PTWC
- **Megan Hall** – Australian Team Paratriathlon Coach
- **Gai Webster** – Technical Official
- **Aaron Broughton** – Technical Official

## **WORLD CHAMPIONS**

- **Emily Tapp** – 1<sup>st</sup> 2017 ITU World Paratriathlon Championships (PTWC)
- **Penny Slater** – 1<sup>st</sup> 2017 ITU World Cross Triathlon Championships (U23)

## **INTERNATIONAL EVENT CHAMPIONS**

- **Callum McClusky** – 1<sup>st</sup> 2017 Holten ETU Triathlon Junior European Cup
- **Callum McClusky** – 1<sup>st</sup> 2017 Zagreb ETU Triathlon Junior European Cup
- **Emily Tapp** – 1<sup>st</sup> 2017 Magog ITU World Cup Paratriathlon
- **Emily Tapp** – 1<sup>st</sup> 2017 Edmonton ITU World Paratriathlon Series
- **Emily Tapp** – 1<sup>st</sup> 2017 Rotterdam ITU World Paratriathlon Championships
- **Emily Tapp** – 1<sup>st</sup> 2018 Devonport ITU World Cup Paratriathlon
- **Declan Wilson** – 1<sup>st</sup> 2018 New Plymouth ITU World Cup
- **Callum McClusky** – 1<sup>st</sup> 2018 St Kilda OTU Oceania Triathlon Championships (U23)

## **NATIONAL CHAMPIONS**

- **Penny Slater** – 1<sup>st</sup> Australian Cross Triathlon Championships (Elite/U23)
- **Penny Slater** – 1<sup>st</sup> Australian Aquathlon Championships (Elite/U23)
- **Callum McClusky** – 1<sup>st</sup> Australian Standard Triathlon Championships (U23/Elite)

## TRIATHLON ACT EVENTS

In 2017–18 Triathlon ACT organised four races in the ACT Aquathlon series, the ACT Duathlon Champs and the Canberra Club Triathlon. All other triathlon and multisport events being licensed out or delivered by event management companies. Members were eligible to accrue points in either the Junior, Novice, Age Group or Overall Point score categories. Details of all the races appear below.

### TACT Events

**Triathlon ACT TRYkids Series:** A seven-race summer series was scheduled for school-aged children (7–13 years). The shorter distances targeted first timers, and the more experienced children used this as a stepping stone to competing in the Triathlon ACT Novice Series.

**Triathlon ACT Aquathlon Series:** Four events targeting first-time competitors, teams, novices, age groupers and elite athletes. The aquathlons offered a fun atmosphere and a chance to compete with no training or previous racing experience. Over 750 athletes registered for the 2017–18 series, with 505 finishing (Aquathlon 4 was cancelled).

**Triathlon ACT Duathlon Champs:** The ACT Duathlon Champs was reintroduced to the ACT Triathlon Series after a one-year hiatus. The event includes a Sprint Distance, Novice and TRYkids duathlon events. 136 people registered with 122 finishing the event at Stromlo Forest Park.

**Canberra Club Triathlon:** A brand new event for the ACT Triathlon Series. The event was co-organised between Triathlon ACT and the affiliated clubs of ACT. Designed to assist with member retention, the event was held at Black Mountain Peninsula with a friendly community feel. The event included an Enduro race (2x triathlons back-to-back), Novice and TRYkids Triathlon events. 276 people registered and 233 participated in the event.

## TRIATHLON ACT LICENSED EVENTS

**Jackie Fairweather Memorial Triathlon:** The sprint distance event, which took place at Rond Terrace, was held in honour of the late Jackie Fairweather. The event included a Standard Distance, Sprint Distance (Draft–Legal), Novice Triathlon and TRYkids Triathlon events. Over 800 people registered for the event with 726

people completing the event. For sprint distance competitors, the race was a qualifying event for selection in the Australian Age Group Team at the 2018 ITU Sprint Triathlon World Championships.

**Elite Energy Canberra Triathlon Festival:** Elite Energy Events, who hosts a popular triathlon series in NSW, introduced a colourful and exciting triathlon festival to Canberra. The event included standard, sprint, enticer and children's triathlon events. Nine hundred and twenty people registered for the event, with 816 participants completing the event. For standard distance competitors, the race was a qualifying event for selection in the Australian Age Group Team at the 2018 ITU Standard Triathlon World Championships.

**Proximity Corporate & Community Triathlon:** In its fourth year, the event took place at Rond Terrace. Elite Energy Events organised the event, which had over 420 participants competing. One third of the participants were completing their first triathlon event as either an individual or as part of a relay team.

#### **TACT-SANCTIONED EVENTS**

**Sri Chimnoy Off-Road Duathlon:** Held at Black Mountain, the first race of the season was held off-road. The trail run and MTB cycle legs are gaining more interest each year as off-road triathlon events are growing in popularity. The event had a record field with 113 competitors.

**Sri Chimnoy Triple Triathlon:** An iconic race that incorporates three triathlons back to back. The event takes in the length of ACT, with the swims being held in Lakes Ginninderra, Tuggeranong and Burley Griffin. A majority of the cycle and run segments are off-road through Canberra's stunning trail networks. The event is open to individuals and teams. 20 individuals and 62 (504) relay teams took part in the event.

**Sanitarium Weet-Bix Kids TRYathlon:** The world's largest junior triathlon series continues to grow from strength to strength, with Canberra selling out for the fourth year in succession. Held at the Australian Institute of Sport, the event is all about participation and getting kids active. Over 1,500 children participated in the event.

**Sri Chimnoy Multisport:** This multisport event includes run, kayak, MTB and run segments and is aimed at introducing athletes to multisport racing. Six individuals and 50 relay teams took part in the event, which was held in Jindabyne.

## ACT TECHNICAL REPORT 2017–18

The period 1<sup>st</sup> July 2017 to 30<sup>th</sup> June 2018 was a busy season for the ACT Technical Team as per the following information.

We have 21 Officials on the Active Register as at 30/6/18. The statistics look like this:

	Level 1 (LTO)	Level 2 (RTO)	Level 3 (ATO)	TOTAL
	13	4	4	21
Male	8	3	1	12
Female	5	1	3	9

That is an overall drop of 1 ACT Technical Official over last season with a remix at the different levels. Officials have either retired, left the Technical Program due to other commitments or are now living overseas.

46 local TOs positions were allocated and present at 9 summer local events and Festivals.

8 local TOs positions were allocated and present at 2 Duathlon events.

3 interstate Officials, from NSW, were present at 2 ACT events this season.

In late February 2018 a weather bomb hit Canberra which resulted in considerable damage to race site swim exit/entry areas, debris floating through swim courses, quite a lot of pollution and foreign objects in the water. This caused the ACT Aquathlon Champs to be cancelled and the Proximity Corporate & Community event to be changed from a Triathlon to a Duathlon.

A number of ACT TOs also went interstate to officiate at other sanctioned events which helped to broaden their technical experience.

- 2 to the Commonwealth Games at the Gold Coast,

- 3 to Lake Crackenback for ITU Cross Tri World Cup,

- 3 to Huskisson for Long Course,

- 1 to Devonport for OTU Oceania Championships and Para Tri,

- 1 to OTU Paratriathlon Championships,

- 1 to Wollongong Tri, 1 to St Kilda Tri, 1 to Port Stephens Tri, 1 to Huskisson Tri, 1 to Callala Tri,

- and 1 to Sydney for a 70.3 event.

Also, the Technical team supplied a presenter to the ACT Development Coaching Course in October 2017.

#### Training:

ITU CTO (level 2) course was conducted on 21-23 July 2017 in Brisbane and we had 2 attendees – Christina Thorne and Aaron Broughton.  
TA ATO (Level 3) course was conducted in Canberra at the AIS for 1-3 September 2017 and we had 1 attendee – Aaron Broughton.  
TA LTO (Level 1) course was conducted on 16 November 2017 with 4 attendees who are currently going through their accreditation process.  
TA RTO (Level 2) course was conducted on 16 February 2018 with 4 new RTOs joining the senior ACT Technical Team.  
TA TO National Development Course conducted on 22-24 Jun 18 in Brisbane and we had one attendee – Iain Addinell.

#### Future Courses:

Next ITU NTO (Level 1) course is scheduled for 15-16 September 2018 at the Gold Coast.  
Next TA LTO (Level 1) course is scheduled for November 2018.

#### Future Events:

Based on the information received to date we have 2 Duathlons early in the season which are the Sri Chinmoy Off Road Duathlon and the ACT Duathlon Championships.

The advertised ACT summer calendar has 1 large (Sanitarium Weet-Bix Kids TRYathlon), 4 medium (less than 1000 competitors) and 3 small events for the coming summer season.

3 of the medium events have been classified as World Qualifying Events (WQE). The other medium event is the Sri Chinmoy Triple Triathlon. It is growing again in popularity – last season there were 76 teams registered over the various team creations of T3 and T9, as well as 11 solo athletes.

#### Concerns:

##### **Sanitarium Weet-Bix Kids TRYathlon (SWKT)**

For SWKT in Canberra we had a sold-out event again this season. But due to the limitations of the transition areas as well as the restricted Field of Play (FOP) at the AIS and the extensive event schedule, the event itself cannot grow based on the current flow/numbers without becoming a risk to the athletes. We had 1500 athletes at this event.

##### **Accreditation Equation**

Each ACT Official still needs to maintain their annual accreditation with 3 TA events each season. To maintain accreditation for 21 TOs we require 63 Technical FOP positions. The ATO (Level 3) Officials need to have a least 1 Senior Technical Team (STT) position of Race Referee or Technical Delegate at the WQE level and the RTO (Level 2) Officials require at least one STT local position as well.

The ACT Calendar currently shows 10 winter and summer events which equates to 49 Technical FOP positions. This means we will be short 14 FOP Technical positions in the ACT events as long as we don't have any interstate Officials in the ACT. Therefore, to maintain their accreditation ACT TOs will have to travel interstate. We had 6 ACT TOs travel interstate this season to 9 different TA events so I assume we will have about the same for next season.

On the plus side the 3 World Qualifying Events will provide a good training ground for the technical hierarchical structure which is required for all National and ITU events.

I assume our numbers will increase after the LTO (Level 1) course which means that an additional 5 new LTOs will also need to be catered for in the above accreditation equation.

Gai Webster

TA Technical Delegate



## **ANNUAL AWARD PRESENTATION**

The annual award presentation was held at Canberra Southern Cross Club, Woden on 15 June 2018.

Triathlon ACT would like to congratulate the following award winners for 2017–18:

### **Paratriathlete of the Year**

Emily Tapp (T3C)

### **Darren Luskey Award for Ironman Achievement**

Angela Ballerini (PTC)

### **Rachel Baker Outstanding Achievement**

Emily Tapp (T3C)

### **Special Achievement in Coaching**

Megan Hall (T3C)

### **Club Coach of the Year**

Natasha Royal (FIT/Fit2Tri)

### **Simon Thompson Award for Most Outstanding Achievement by a Junior**

Ellie Hoitink (PTC)

### **Volunteer of the Year**

Natasha Royal (FIT/Fit2Tri)

### **Novice of the Year**

Gaby Wade (FIT)

### **Technical Official of the Year**

Gai Webster (TACT)

### **Triathletes of the Year**

Male – David Peedom (T3C)

Female – Angharad Llewellyn (T3C)

### **Novice Triathlete of the Year**

Male – Lachlan Platts (Bilbys)

Female – Carla Ward (FIT)

### **Triathlon ACT Junior Winner**

12–13: Lauren Hitchman (PTC) & Talon Cass-Dunbar (Vikings)

14–15: Jordyne Rauter (PTC) & Taj Hutchinson (PTC)

16–19: Lauren Elliott (PTC) & Aaron Passioura (PTC)

### **Triathlon ACT Novice Age Group Winner**

16-19: Emily Hitchman (PTC)

20-24: Jess Roussel (Bilbys) / William Pleming (Bilbys)

25-29: Carla Ward (FIT) / Lachlan Platts (Bilbys)

30-34: Samantha Shields (FIT) / Andre Matuszyk (Fit2Tri)

35-39: Bec Markwick (FIT) / Stephen Bratby (Vikings)

40-44: Virginia Lindenmayer (FIT) / David Zakharoff (Bilbys)

45-49: Karina Sommers (Bilbys) / Henry Thomson (Bilbys)

50-54: Anita Scherrer (Bilbys) / Richard Crane (Vikings)

55-59: Judy Barritt (FIT) / Ian Bell (Bilbys)

75-79: Tim Healy (Fit2Tri)

### **Triathlon ACT Series Age Group Winner**

20-24: Angharad Llewellyn (T3C) / Tom Styman (PTC)

25-29: Kerry Percival (Bilbys) / Christian Dent (Bilbys)

30-34: Felicity McLean (FIT) / David Halpin (PTC)

35-39: Emily Stacey (Bilbys/T3C) / Shane Kelly (Defence/Bilbys)

40-44: Jodie Barker (Bilbys) / David Peedom (T3C)

45-49: Beth Bowen (Vikings) / Iain Addinell (Bilbys/Defence)

50-54: Elizabeth Lowe (FIT) / Mark Duncanson (Bilbys)

55-59: Christine Pauling (TACT) / John Cartwright (PTC)

60-64: Jillian Wisbey (FIT) / Robbin Collins (Bilbys/Exceed)

65-69: Nerida Clarke (FIT) / David Baussmann (Bilbys)

70-74: Edward Joliffe (Bilbys)

75-79: Bernard Crowe (Bilbys)

80-84: Lachlan Lewis (Bilbys)