

Code of Behaviour

Triathlon Australia Coaches 2022-2023

The Triathlon Australia *Coaches Code of Behaviour* affirms a coach's support for the values underpinning TA's National Integrity Framework. Our behavioural framework shapes the culture of the triathlon and multisport industry in Australia, and how groups will work together. They draw on and promote our strengths and each supports the other. They are Unity, Accountability, Courage, Enjoyment, and Inclusivity. The Code also provides a reference point for clubs, parents, athletes, schools, community groups and employers to expect that an accredited coach will demonstrate appropriate standards of behaviour.

As an accredited Triathlon Australia Coach, I:

- I will treat each athlete as an individual and respect the rights, dignity and worth of all individuals within the context of my involvement in triathlon, by refraining from any discriminatory practices including, but not limited to, race, religion, gender, ethnic background, ability/disability or sexual orientation, gender preference or identity.
- I will abide by and teach the rules and regulations of triathlon and will act within the rules, spirit of the sport, and promote fair play over winning at any cost.
- I will not tolerate abusive, bullying, or threatening behaviour and ensure my decisions and actions contribute to a harassment-free environment*.
- I will be reasonable in the demands I make on the time commitments of the athletes in my care and place the safety and welfare of my athletes above all else.
- I will ensure that any physical contact with another person is appropriate to the situation and necessary for the individual's skill development if not avoidable.
- I will have due consideration for varying maturity and ability levels of my athletes when designing training activities and prescription and recommended involvement in competition.
- I will be aware of, and support accepted injury and illness management strategies and follow the physician's guidelines regarding the return of injured or ill athletes to training and competition.
- I will support opportunities for participation in all aspects of our sport and help each athlete to reach their potential whilst respecting the talent, developmental stage and goals of each athlete and encourage them with positive and constructive feedback.
- I will ensure that athletes are involved in a positive environment where skill development are priorities and not overshadowed by a desire to win.
- I will display and foster respect for all officials, athletes, coaches, administrators, parents, and spectators.
- I will at all times display and teach appropriate sporting behaviour, ensuring that athletes understand and practice fair play.
- Where I am responsible for athletes under 18, I will aim to maximise participation, learning and enjoyment for all athletes regardless of ability in a safe, supportive environment.
- I will, wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance exists) with people under the age of 18.
- I will always prioritise a safe environment through appropriate risk management practices.
- I will never advocate or condone the use of illicit drugs or other banned performance enhancing substances or methods and will display responsible behaviour in relation to alcohol and other drugs.
- I will obtain appropriate qualifications and keep up to date with sound principles of coaching, skill development and factors related to growth and development of my athletes.
- I will be honest and will not allow my qualifications or coaching experience to be misrepresented.

* Please refer to the Triathlon Australia Member Protection Policy for more information.

Coaches Should...

- be treated with respect and openness
- seek out professional development opportunities and be a proactive self-learner
- provide a level of coaching appropriate to their level of accreditation [refer to the Triathlon Australia - Scope of Practice for accredited coaches]