

ALCOHOL MANAGEMENT AND SMOKE FREE ENVIRONMENTS POLICY

Purpose

This policy outlines our position on providing an alcohol free and smoke free environment to ensure the sport continues to provide a safe and healthy place for families to play and enjoy triathlon. This policy assists our clubs to:

- Meet its duty of care in relation to the health and safety of our members, volunteers and visitors who attend any club training, races, special events, functions and other activities.
- Uphold the reputation of the clubs, our sponsors and partners.

This policy applies to all our members, volunteers and visitors.

Alcohol

NT Triathlon is alcohol free. We do not permit the consumption of alcohol at club related events and activities including meetings, after training or races, end of season/presentation functions, sponsors' functions, trivia nights and other fundraising events.

We understand alcohol misuse can lead to unsafe or unacceptable behaviour, drink-driving and other alcohol-related harm.

Our club will ensure:

- Alcohol is not advertised, promoted, served or consumed at any club games, events, functions or activities.
- Alcohol is not brought into the club premises and grounds during club games, events, functions or activities i.e. no BYO.
- Committee members, members, players and officials will not compete, train, coach or officiate if affected by alcohol or other drugs.
- Any person who comes to club-related activities and seems intoxicated will be asked to leave and provided with options for safe transport from our club, where available. Police may be contacted to remove the person, if required. (For the purposes of this policy, a person is defined as being in a state of intoxication if his or her speech, balance, co-ordination or behaviour is noticeably affected and there are reasonable grounds for believing that this is the result of the consumption of alcohol.)

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- Our clubs will avoid providing awards (e.g. at end of season presentations) and fundraising prizes that have an emphasis on alcohol.
- Alcohol sponsorship, brands and products are not sought, promoted or advertised by the club and are not placed on club apparel.
- Alcohol is not provided as an award to a player or official for any reason.
- Club organised trips, particularly end of season player trips strictly adhere to responsible behaviour in accordance with the principles of this policy and the values of the club.

Smoking

NT Triathlon is smoke free. We understand the harmful effects of smoking on health, fitness and performance in sport and that passive smoking (second-hand tobacco smoke) is also hazardous to health.

Non-smokers should be protected from the involuntary inhalation of tobacco smoke at our games, events, functions and other activities.

Our clubs will ensure:

- All events will be promoted as smoke-free, regardless of where they are held.
- Members, volunteers and visitors will know we are a smoke free club and will abide by our club policy.
- No-smoking signage and/or signage promoting events as smoke-free will be displayed around the club and at games, events or functions (where possible).

Safe Transport

NT Triathlon recognises mixing drugs (including prescription medication) with other drugs or alcohol can seriously affect the ability to drive safely. Driving when over the legal blood alcohol limit is illegal and hazardous to individuals and the wider community.

If any committee members, members, players or officials are suspected of being under the influence of alcohol or other drugs, our club will take steps to help them get home safely. For example offer them a ride home or call a taxi or sober person to collect them.

Promoting this policy

Our clubs will

- Educate members, volunteers and guests about the benefits of having such a policy
- Ensure this policy is easily accessible and will promote it via our website, newsletters, social media, and announcements during events.

- Use our social media platforms to actively demonstrate our position in relation to alcohol and smoke free environments.

Policy Review

This policy will be reviewed annually to ensure it remains relevant to club operations and reflects both the community expectations and legal requirements.

Version Control			
Date	Author	Approved By	Review Date
30/09/2024	Lucy Berk, NT State Services Manager	NT Triathlon Board	30/09/2025