

# PENALTY BOX PROCEDURE

## Penalty Box Officials Responsibilities

It is important to understand that the Penalty Box can often be a very stressful experience for competitors, some of which may believe that they have been treated unjustly. Officials are to ensure that their behaviour is always respectful and courteous, whilst also ensuring that the RCR are enforced.

**Most importantly, Officials are to avoid placing themselves in confrontational situations with competitors. Personal safety considerations shall take precedence over all other considerations.**

When a competitor enters the Penalty Box, the Official shall ask the competitor to state the infringement(s).

For all infringements, the Penalty Box Official shall:

- activate a stopwatch.
- record the competitor's details in the penalty box register.
- if a camera is provided, photograph the competitor's race number, and
- advise the competitor to proceed safely **after the time penalty has elapsed.**

At the completion of the event, or at another time as advised by the Head Referee, the Penalty Box Official shall return the stop watches, cameras (if provided) and all documentation to the Head Referee for reconciliation.

## Competitors Responsibilities

In the Penalty Box the competitor is still on the bicycle course and therefore:

- Must remain in their bike attire (helmet on and securely fastened and bike shoes on);
- Must remain standing and always hold their bike upright; and
- Must not accept food or drink from a fellow competitor or spectator.

If a competitor removes part of their attire or uses the toilet during the penalty time period they will be required to recommence the penalty period.

## Post Race Responsibilities

The Head Referee shall:

- Obtain from all Technical Officials their Infringement registers
- Obtain registers of penalties served from Penalty Box volunteers, and
- Reconcile all infringements with the Penalty Box registers.