

# 2025 NSW TRIATHLON CLUB CHAMPS RULES AND REGULATIONS

NSW Triathlon is pleased to announce the 2025 NSW Triathlon Club Championships will be held on Saturday 17<sup>th</sup> May 2025 at the stunning location of Forster Main Beach in the Mid North Coast of NSW.

To compete at the NSW Triathlon Club Championships, each participant must be a fully financial Standard or Premium member of Triathlon Australia and a member of a Triathlon NSW Affiliated Club in season 2024/2025.

This rule will be strictly enforced for both the junior and adult event, as this event remains a benefit of membership to AusTriathlon / NSW Triathlon and a local NSW Triathlon Affiliated Club.

## **CLUB CHAMPIONSHIPS EVENTS OFFERED**

## **Junior Club Championships Information**

Age Group	Distance
	(Swim, Bike Run)
7 - 9 years old	100m, 1km, 500m
10–11 years old	150m, 2km, 1km
12 – 13 years old	250m, 7km, 1.6km
14 years old	500m, 15km, 4 km (Half Club Distance)

## **Adult Club Championships Information**

Age Group	Distance
	(Swim, Bike Run)
15+	500m, 15km
	(Aquabike Half Club Distance)
15+	500m, 15km, 4 km
	(Half Club Distance)
15+	500m, 15km, 4 km
	(Half Club Distance Fun Wave)



15+ (Teams Division)	500m, 15km, 4 km (Half Club Distance)
15+	1km, 30km, 8 km (Full Club Distance)
15+	1km, 30km (Aquabike Full Club Distance)
15+ (Teams Division)	1km, 30km, 8 km (Full Club Distance)

#### **CLUB DIVISIONS**

The divisions for Club Championships will be decided based on AusTriathlon / NSW Triathlon Australia membership numbers on Monday 10<sup>th</sup> March 2025. A clubs membership includes Season 24/25 Standard and Premium AusTriathlon. For the purposes of divisions and points scoring, Juniors (those aged 15 or under), Basic, Social, and Trial memberships are not included in the overall 'membership tally'.

The event will be delivered under the AusTriathlon Race Competition Rules.

## **ADULT CLUB CHAMPIONSHIP POINTS\***

#### PERFORMANCE POINTS

Performance Points (Per P's) will be allocated as such:

- 10 Performance Points for the first placed athlete in each age category (including Para-athletes) down to 1 Performance Point for the 10<sup>th</sup> athletes in the Full Club.
- 5 Performance Points for the first placed athlete ((including Para athletes) in each age category down to 1 Performance Point for the 5th athletes in the Full Aquabike Club Distance.

#### **PARTICIPATION POINTS**

Participation Points (Part P's) will be allocated across the entire event (including Para-athletes) with all athletes contributing equally to a club's overall tally. To earn a Part P, an athlete must complete the event.

- 2 points for completion of Full Club and Full Aquabike and Full Team Event
- 1 point for completion of Half Club and Half Aquabike and Half Team Event



## **VOLUNTEER POINTS**

Clubs are expected to contribute a minimum of 5% of their eligible membership (rounded down to the nearest whole number) using the 'Membership Total' as per reports on 10<sup>th</sup> March 2025.

To be eligible to win a division, a club must meet their minimum required volunteer numbers. If a club wins their division, however does not have enough volunteers, they will be relegated into second position.

Each volunteer will earn one (1) point for the club in which they align. Volunteers do not have to be annual members, although they are encouraged to consider joining their club of choice as a 'Social Adult'.

#### **TECHNICAL OFFICIAL POINTS**

All nominations from accredited technical officials will be accepted to attend the 2025 NSW Triathlon Club Championships. To be eligible to earn Club Championship points for their club an official must have officiated at least three events in the 2024/25 season prior to  $17^{TH}$  May 2025 from the following list:

- all open sanctioned events in NSW,
- all Billigence pathway events

Attendance at the 2025 Technical Forum shall count as an "event" for this purpose.

Up to three Technical Officials from each club will receive 4 Club Championship points each for officiating at the Club Champs.

Each additional Technical Official provided by the club will receive 1 point towards their club's total.

## **PARATRIATHLETE POINTS**

NSW Triathlon NSW will once again allow classified athletes with disabilities the opportunity to race, compete and earn points for their club. At this stage, this is pending further discussions around the venue constraints and individual requirements.

For para-athletes not yet classified, please reach out and we will direct you towards the relevant individuals at Triathlon Australia who can assist.

Guides who support visually impaired athletes in the Full Club Distance or Full Aquabike will receive two (2) participation point for their club. Guides who support visually impaired athletes in the Half Club Distance or Half Club Aquabike will receive one (1) participation point for their club.

Guides must also be members of a Standard (or Premium) annual member of Triathlon NSW in season 2024/2025, but their club affiliation may be different to the club of the visually impaired athletes which they are 'guiding'.



To further encourage clubs to support para-athletes, Guides will also count as a 'volunteer' towards a clubs minimum volunteer requirements. Because of physical constraints, the course may not suitable for those who would compete in a Wheelchair.

Athletes are asked to email Triathlon NSW (<a href="mailto:adam.wicks@nsw.triathlon.org.au">adam.wicks@nsw.triathlon.org.au</a>), Dave Williams (<a href="mailto:technical@nsw.triathlon.org.au">technical@nsw.triathlon.org.au</a>), H Events (<a href="mailto:paul@hevents.com.au">paul@hevents.com.au</a>) prior to entering, to work through their individual requirements and circumstances.

## 'Points Per Member Tally'

All points (Performance, Participation, Volunteer, Tech Official) will be added and divided by 'Number of Standard and Premium' members as reported on Monday 10<sup>th</sup> March 2025.

This creates a 'Points Per Member Tally'.

#### 'Bonus Boost'

Once the 'Points Per Member' Tally is calculated, a Bonus Boost is added.

- 10% of your club completes a race 0.15
- 20% of your club completes a race 0.25
- 30% of your club completes a race 0.35
- 40% of your club completes a race 0.45
- 50% of your club completes a race 0.55

The Bonus Boost is designed to motivate and incentivise clubs to increase the number of their members who participate in the event. The Bonus Boost only includes athletes who compete in the event.

## POINTS PER MEMBER + BONUS BOOST = FINAL STANDINGS IN THE 2025 CLUB CHAMPS

#### JUNIOR CLUB CHAMPIONSHIP POINTS

Performance points are awarded for each individual age and gender (12 years, 13 years, 14 years and 15 years old) as such:

5 Performance Points for the first placed athlete in each age category down to 1 Performance Point for the 5th athletes in each age group.

All competitors in the 7-9 event and 10-11 events, who complete the event will earn one (1) participation point for their club. No performance points are awarded for these two events.

All competitions in the 12-13 event and 14 Half Club Distance, who complete the event will earn one (1) participation point for their club.

There is no cap to the number of participants a club can enter.

