

AUSTRIATHLON

CONTINUING FORM, FITNESS AND MEDICAL ASSESSMENT OBLIGATIONS

This document sets out the obligations of all Athletes, including Reserve Athletes, selected to represent AusTri at an Event or as part of an Australian Team. The obligations are:

Fitness, Injury and Illness Monitoring

All Athletes must submit to injury and medical assessment and examination and fitness monitoring as follows:

- (a) on request, all Athletes must provide the name and contact details of their relevant health care professionals (general practitioner, sports medical practitioner and physiotherapist) to the HPD within 7 days of request, or such later date as agreed with the HPD;
- (b) all Athletes must immediately inform the AusTri Chief Medical Officer (**CMO**) of any condition, illness or injury that could impact on the Athlete's ability to perform at the level expected of the athlete if selected to compete in the Event or Team;
- (c) all Athletes must ensure that all treatment details for injury and illness are updated in a timely manner through the AusTri Athlete Management System or directly through the CMO;
- (d) on request from the CMO an Athlete must give permission to any of their nominated health care professionals to discuss and/or disclose confidential information to the CMO in relation to their health or injury status as relevant to their performance in the Event or Team;
- (e) should the AusTri HPD or CMO suspect an Athlete may be injured or ill, the following procedure will be followed:
 - (i) on request from the HPD an Athlete must provide training information for the purposes of reviewing and understanding training and performance;

- (ii) the CMO can require the Athlete to undergo a medical examination to determine his or her fitness to compete. An Athlete will be assessed as injured or ill, if by competing, the Athlete risks causing medical harm to him or herself;
- (ii) the CMO will carry out this examination or delegate another doctor to do so. If the Athlete fails the medical examination, the Athlete may be withdrawn from the Event or Team at the discretion of the HPD;
- (iii) if the Athlete passes the medical examination but the HPD is of the view that a selected Athlete may, by reason of injury or illness or other circumstances, no longer be capable of performing in the Event or Team to the level at which the Athlete would be expected to perform if not affected by the illness, injury or other circumstances, that Athlete may be required to perform a fitness trial by the HPD.
- (iv) In the formulation of an appropriate fitness test, the HPD will consult with other relevant AusTri staff, athlete, athletes' coach and AusTri medical staff.

The HPD will determine if an Athlete is assessed as unfit. In the instance the athlete is deemed unfit by the HPD, an athlete may request a review of this decision, including an additional fitness test through contacting the CEO. This request will then be considered by the CEO, an Independent HP representative and the HPD. There is no further avenue for appeal following the assessment of the CEO, independent HP representative and HPD.

If an Athlete does not meet either the requirements or obligations set out in AusTri's Continuing Form, Fitness and Medical Assessment Obligations, AusTri may, via the discretion of the ESC or HPD (whichever is applicable as outlined in the corresponding AusTri Selection Policy), exclude the Athlete from the selected Athletes. One of the Reserve Athletes may take the place of the excluded Athlete, in accordance with this Policy.

The Athlete acknowledges and agrees that AusTri is not a "health service" as defined by the *Privacy Act 1988 (Cth)*. All information collected by AusTri under this clause will be collected, used and stored by AusTri in accordance with its [Privacy Policy](#).