

2026 NSW TRIATHLON CLUB CHAMPS RULES AND REGULATIONS

NSW Triathlon is pleased to announce the 2025 NSW Triathlon Club Championships will be held on Saturday 21st February 2026 at the stunning location of Forster Main Beach in the Mid North Coast of NSW.

To compete at the NSW Triathlon Club Championships, each participant must be a fully financial Standard or Premium member of AusTriathlon and a member of a NSW Triathlon Affiliated Club in season 2025/2026.

This rule will be strictly enforced for both the junior and adult event, as this event remains a benefit of membership to AusTriathlon / NSW Triathlon and a local NSW Triathlon Affiliated Club.

ADULT CLUB CHAMPIONSHIPS INFORMATION

Division	Distance (Swim / Bike / Run)	Contribution
Standard (16+)	1.5km / 40km / 10km	Participation & Performance Points
Standard Aquabike	1.5km / 40km	Participation & Performance Points
Sprint (16+)	750m / 20km / 5km	Participation & Performance Points
Sprint Aquabike	750m / 20km	Participation & Performance Points
Super Sprint (16+)	300m / 10km / 2km	Participation & Performance Points
Standard Teams	1.5km / 40km / 10km	Participation Points
Sprint Teams	750m / 20km / 5km	Participation Points

CLUB DIVISIONS

The divisions for Club Championships will be decided based on AusTriathlon / NSW Triathlon membership numbers on 30th November 2024. A club's membership includes Season 24/25 Standard and Premium AusTriathlon. For the purposes of divisions and points scoring, Juniors (those aged 15 or under), Basic, Social, and Trial memberships are not included in the overall 'membership tally'. The event will be delivered under the AusTriathlon Race Competition Rules.

ADULT CLUB CHAMPIONSHIP POINTS

PERFORMANCE POINTS

Performance Points (Per P's) will be allocated as such:

- Standard & Sprint Triathlon (inclusive of Paratriathletes):
 - 25 or more finishers in an age group → 20 points down to 1
 - Less than 24 finishers → 15 points down to 1
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- Standard Aquabike (inclusive of Paratriathletes):
 - 16 finishers or more in an age group → 15 points down to 1
 - Less than 15 finishers → 10 points down to 1
- Super Sprint, Sprint Aquabike (inclusive of Paratriathletes):
 - 15 or more finishers → 10 points down to 1
 - Less than 14 finishers → 5 points down to 1

PARTICIPATION POINTS

To earn a Participation Points an athlete (or guide for a Paratriathlete) must complete their event.

Points will be allocated as such:

- Standard / Standard Aquabike / Standard Team – 3 points upon completion.
- Sprint / Sprint Aquabike / Sprint Team – 2 points upon completion.
- Super Sprint – 1 point upon completion.

VOLUNTEER POINTS

Clubs are expected to contribute a minimum of 5% of their eligible membership (rounded down to the nearest whole number) using the 'Membership Total' as per reports on **30th November 2024**.

To be eligible to win a division, a club must meet their minimum required volunteer numbers.

If a club wins their division, however, does not have enough volunteers, they will be relegated into second position.

Each volunteer will earn one (1) point for the club in which they align. Volunteers do not have to be annual members, although they are encouraged to consider joining their club of choice as a 'Social Adult'.

TECHNICAL OFFICIAL POINTS

All nominations from accredited technical officials will be accepted to attend the 2026 NSW Triathlon Club Championships. To be eligible to earn Club Championship points for their club an official must have done the following

- Officiated at least one event in the 2025/2026 season prior to 21st February 2026
- Attending and participating as a TO at the NSW Triathlon Club Champs
- Nominated for another in the final 3 months of the season (March, April or May 2026)

Up to three Technical Officials from each club will receive 10 Club Championship points for officiating at the Club Champs. Each additional Technical Official provided by the club will receive 1 point towards their club's total.

Technical Officials will count as a 'volunteer' towards the club's minimum commitments.

PARATRIATHLETE POINTS

NSW Triathlon NSW will once again allow classified athletes with disabilities the opportunity to race, compete and earn points for their club.

For para-athletes not yet classified, please reach out and we will direct you towards the relevant individuals at AusTriathlon who can assist.

Guides must also be members of a Standard (or Premium) annual member of NSW Triathlon in season 2025/2026, but their club affiliation may be different to the club of the visually impaired athletes which they are 'guiding'.

To further encourage clubs to support para-athletes, Guides will also count as a 'volunteer' towards a club's minimum volunteer requirements.

Because of physical constraints, the course may not be suitable for those who would compete in a wheelchair class.

Athletes are asked to email Triathlon NSW (adam.wicks@nsw.triathlon.org.au), Dave Williams (technical@nsw.triathlon.org.au), or Kyle Anderson kyle@eliteenergy.com.au prior to entering, to work through their individual requirements and circumstances.

JUNIOR CLUB CHAMPIONSHIPS INFORMATION

Age Group	Distance (Swim / Bike / Run)	Contribution
TriKidz 5–6 yrs	TBC	Participation Points (as per the AusTri RCR)
TriKidz 7–9 yrs	50m / 1km / 500m	Participation Points (as per the AusTri RCR)
TriKidz 10–11 yrs	150m / 2km / 1km	Participation Points (as per the AusTri RCR)
Super Sprint 12–13 yrs	300m / 10km / 2km	Participation & Performance Points
Sprint 14–15 yrs	750m / 20km / 5km	Participation & Performance Points

JUNIOR CLUB CHAMPIONSHIP POINTS

PERFORMANCE POINTS

Performance Points will be allocated as such:

- Super Sprint 12–13 yrs (inclusive of Paratriathletes):
 - 10 or more finishers in an age group → 10 points down to 1
 - 9 or less finishers in an age group → 5 points down to 1
- Sprint 14–15 yrs (inclusive of Paratriathletes):
 - 10 or more finishers in an age group → 10 points down to 1
 - 9 or less finishers in an age group → 5 points down to 1

PARTICIPATION POINTS

To earn Participation Points an athlete (or guide for a Paratriathlete) must complete their event.

Points will be allocated accordingly:

- 1 point per participant across all divisions and events.

There is no cap to the number of participants a club can enter.