

RACE DAY

SUNDAY 27.09 - THE IGNITOR



BILLIGENCE SERIES ROUND 1



HOSTED BY MACARTHUR TRI CLUB

Acknowledgement of Country

In the spirit of reconciliation, NSW Triathlon acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander people today.

Welcome from Macarthur Triathlon Club

Welcome to the first race of this seasons Pathway Series conducted at the home of the Macarthur Triathlon Club! NSW Triathlon Billigence Pathway Series Race 1 “The Ignitor” consists of 3 events, an Aquathlon, followed by a Le Mans Crit and finally a Triathlon to finish off the days’ events.

The distances are relatively short and the spectators can view almost the entire course. I hope both athletes and spectators enjoy the experience.

On behalf of everyone at the Macarthur Triathlon Club enjoy your race day and I'll see you out there!

Glenn Schwarzel
President and Race Director.

Schedule of Events

Sunday 27th Septmber 2026

7:00 am Rego and transition open

7:35 am Rego and transition closes

7:40 am Race briefing

Aquathlon

8:00 am Heat 1 Aquathlon - Non Draft Aquathlon followed by Draft Legal - rolling starts approximately 6 minutes apart (6 heats)

Le Mans Crit

9:00 am Non Draft Heat 1 Duathlon

9:15 am DL Heat 2 Le Mans Crit

9:30 am DL Heat 3 Le Mans Crit

9:45 am DL Heat 4 Le Mans Crit

10:00 am DL Heat 5 Le Mans Crit

Triathlon Finals

10:40 Non Draft Final

11:10 Final E

11:40 Final D

12:10 Final C

12:40 Final B

1:10 Final A

2:00 pm Presentation BPS Race 1

Race Formats

Aquathlon

Swim 300m - run 1200m

Le Mans Crit

run 200m, bike 5.5km, run 50m

Triathlon Finals

Swim 300, bike 6.5 km, run 1600m

Please note whilst every effort will be made to have the day run according to this schedule, it is subject to change at any given time.

Aquathlon



The swim is in the outdoor 50m swimming pool. Athletes will swim 300 m and exit the pool through the gates gates and into the shoe transition. The run will be 1200 meters following the crit track, hot dog turn through the link road, back out again and continue around back to transition. **PLEASE NOTE** Non Draft 10 - 11 years are only permitted to swim 200 m.

Le Mans Crit



The run start is on the cycle track, approximately 200 m following the yellow arrows on the above map. Enter transition unrack your bike and head towards the transition exit where you will take a left hand and continue around the cycle track. There is 5.5 laps around the whole cycle track. Dismount at M2, rack bike, running shoes on and run through to M3 finish mat. Cycling shoes must be used for the bike portion of the Le Mans Crit. Running shoes must be used for both runs. Two pairs of running shoes can be used.

Triathlon Final

Triathlon 2026 300 swim | 6.5 bike



The swim is in the outdoor 50m swimming pool. Athletes will swim 300 m and exit the pool through the gates and into the left side of transition, running around a cone and back into transition to your bike. once you have your bike, head towards the transition exit where you will take a left hand turn to the mount line and then continue to ride around the cycle track. Cycle for 6.5 laps around the whole cycle track.

Triathlon 1600 run



Dismount at the dismount line before M1, enter transition, rack bike, and run towards the transition exit. Before leaving the transition exit, there is a cone where you will make a right hand turn, heading back in the direction that you came. Once you reach the end of this link road, turn left and continue to run up the top track, continue around past the finish line and complete one complete lap from here, crossing the finish line to complete the triathlon.

Adverse weather policy

Ensuring the safety of our athletes, volunteers and spectators are our first priority. In the event of adverse weather such as thunderstorms, extreme heat or cold, strong winds and heavy rain the race may need to be altered in format, structure or cancelled entirely. The final call will be made by the Race Director on-the-day of the race ONLY if it is deemed necessary.

Parking

Parking is available in the carpark area for the Macquarie Fields Leisure Centre (entry off either Fields Road or Macquarie Road). Please park down toward the tennis courts (western end) to try and not impede traffic for the Leisure Centre. Refer to parking map below for parking options.



Drinking Water

Potable drinking water will not be available for this race – please be self-sufficient and pack enough water for the day. The pool has refreshments for sale.

Weather Forecast

Check the weather forecast leading into the event and pack accordingly.

Aid Stations

There is a self serve aid station set up with cups of water located just after M3.

Food / Drinks

There is no food or drink facilities on site. We recommend that you bring your own food and drinks for the race. There are some fast-food options located a short drive from the venue. Recovery food is provided for all competing athletes.

Race Rules

Draft legal races will be governed by the World Triathlon 2026 Competition Rules.

<https://cms.triathlon.org/download-file/world-triathlon-competition-rules-2026>

The Non-Drafting race will be governed by Triathlon Australia Race Competition Rules June 2026.

https://www.triathlon.org.au/wp-content/uploads/2026/06/AusTriathlon_Race-Competition-Rules_2026_Jun2026_web.pdf

Please familiarise yourself with the rules.

Race Results

Race results can be found at the following web address:

<https://events.barefootsport.co.nz> A QR Code will be available on race morning for results.

Parents / Spectators

Parents and spectators are encouraged to spectate from the inner paddock. Tents and camping chairs can be set up on the inside paddock. Be mindful of riders and runners if crossing the track and only cross in between events at the designated point.

Swimming Caps

Swimming caps will not be provided for this event. Please bring your own swimming cap/s to the event.

Penalty Box

Please listen to the technical briefing on the day of the race for where the penalty box will be located and when infringements need to be served.

First Aid

First aid will be available and present to offer assistance if needed

Transition Box

Transition boxes will need to be supplied by you and be brought to each race for draft legal athletes. The boxes are available from Bunnings and can ONLY be this box.

https://www.bunnings.com.au/all-set-30l-clear-modular-storage-container-without-wheels_p0613943

Please note there are to be no markings on the outside of the box other than the Billigence sticker and your race number. If you want to put your name on the box, this has to go underneath.

Spirit Of The Sport

Athletes are expected to compete in the spirit of good sportsmanship, and exercise high standards of race etiquette. Behave at all times with respect and familiarise yourself with the course. Please be aware of your safety, the safety of other athletes, and the safety of the general public. Headphones or other listening devices are not permitted to be used at any time whilst racing. Do not accept outside assistance from anyone other than a Race Official.

Cycling Shoes and Runners

Athletes must wear cycling shoes during the Le Mans Crit and Triathlon cycle legs. Athletes must start the Le Mans Crit with joggers, and finish the Le Mans Crit with joggers. Athletes must wear joggers during the aquathlon and triathlon runs. Non drafting athletes that do not use cleats yet may use joggers on the bike. Swim caps and goggles must be put in the transition boxes. No running with helmets on your head on the run legs.

Heat Allocation and Awards

Heats will be allocated on the Friday prior to the race. The fastest accumulated Aquathlon and Le Mans Crit times will make the A final. There must be a minimum of 3 females in the highest final. If less than 3 females makes the highest final, the finals will be adjusted accordingly. The number of athletes in each final will be dependent on how many athletes are racing and will be determined on race day.

The fastest 3 athletes per category per gender from the **accumulated Aquathlon, Le Mans Crit and Triathlon Finals** times will be the award winners.

The categories are:

Youth (Male & Female)

Junior B (Male & Female)

Junior (Male & Female & may include Junior B athletes)

U23/Elite (Male & Female)

Para Triathlon

Refer to the Billigence Pathway Series Guide for points allocation.

Presentation

The presentation for Billigence Race 1 Macarthur will take place at the conclusion of the finals.

Child Safe Commitment:

NSW Triathlon has a zero-tolerance policy to child abuse and neglect in any form. Aus Triathlon and NSW Triathlon are committed to safeguarding and promoting the welfare of children in triathlon by providing a safe and inclusive environment and by ensuring that everyone involved in triathlon is educated and informed of their responsibilities to protect and look after children. All children have the right to feel safe and protected from all forms of abuse, harm, and neglect. Children have the right to take part in sport in a safe, positive, and enjoyable environment. NSW Triathlon aims to create and maintain an inclusive, child-safe environment that is understood, endorsed, implemented, and adhered to by everyone involved in Triathlon.

A huge thank you to the **Macarthur Triathlon Club and their volunteers and Billigence** for the ongoing support, which offers the NSW Triathlon Pathway Athletes development opportunities.